

CRISIS INTERVENTION MANUAL

School Year 2023-2024

TABLE OF CONTENTS

INTRODUCTION

- Board Policy #5350 Pupil Suicide Prevention
- Board Regulation #5350 Pupil Suicide Prevention
- SOP Urgent Crisis Team
- Crisis Intervention Manual Introduction

SECT					
2) 3) 4) 5) 6) 7)	Page evel I – At-Risk Behaviors				
SECT	N 2: SUDDEN DEATH				
2)	chool in Session				
SECT	N 3: COMMUNITY DISTURBANCE				
2)	chool in Session				
SECTION 4: VIOLENCE					
	iolence				
SECT	N 5: CRISIS CENTER				
,	risis Center				

SECTION 6: CHILD ABUSE 1) Child Abuse (physical and sexual).......26 3) Passaic County Prosecutor's Office Child Abuse "Do's and Don'ts..................28 **SECTION 7:** CHAIN of COMMAND **SECTION 8: APPENDICES** A. Crisis Information Form......31 E. Notice of Potential Harm to Self and Others (Sp.)38 G. Permission for Release of Medical Information (Sp.)40 H. Verification of Medical Intervention – Personal Physician......41 I. Student Post Care Plan42-45 J. Sample Templates – Notification of Death......46-48 K. Suicide Prevention Online Training.....49 L. Gaggle: Overview of Incidents......50-51 M. Gaggle: Managing Incidents in the Portal......52-56 **SECTION 9: RESOURCES** Resources 57-64

District Crisis Team

- Mrs. Tamisha McKoy, Director of Guidance & Counseling K-12
- Mrs. Kimler Williamson, Supervisor of Nursing & Medical Services
- Mrs. Laurel Olson, Supervisor of Student Support Services
- Mrs. Alicia Pavone, Director of Special Education Services

A **Building Crisis Team** shall consist of the following:

- Administrator
- School Counselor
- Nurse
- Psychologist
- Social Worker
- Student Assistance Coordinator (SAC)
- SEL Interventionist

POLICY

PATERSON BOARD OF EDUCATION

PUPILS 5350/Page 1 of 3 Student Suicide Prevention M

5350 STUDENT SUICIDE PREVENTION

The Board of Education recognizes that depression and selfdestruction are problems of increasing severity among students. Students under severe stress cannot benefit fully from the educational program and may pose a threat to themselves or others.

The Board directs all school district staff members to be alert to a student who exhibits warning signs of self-destruction or who threatens or attempts suicide. Any such warning signs or the report of such warning signs from another student or staff member shall be taken with the utmost seriousness and reported immediately to the Principal or designee.

The Principal or designee shall immediately contact the parent(s) of the student exhibiting warning signs of suicide to inform the parent(s) the student will be referred to the Building Crises Team according to the District Crises Manual, for a preliminary assessment. Based on the recommendation of the Building Crises Team, the parent(s) may be required to obtain medical or psychiatric services for the student. In the event the parent objects to the recommendation or indicates an unwillingness to cooperate in the best interests of the student, the Principal or designee will contact the New Jersey Department of Children and Families, Division of Child Protection and Permanency to request intervention on the student's behalf.

In the event the student is required to obtain medical or psychiatric services, the parent(s) will be required to submit to the Principal or Designee a written medical clearance from a licensed medical professional, selected by the parent(s) and approved by the Building Crises Team, indicating the student has received medical intervention, does not present a risk to themselves or others, and is cleared to return to school. The written medical clearance may be reviewed by a Board of



POLICY

PATERSON BOARD OF EDUCATION

PUPILS 5350/Page 2 of 3 Student Suicide Prevention

Education healthcare professional before the student is permitted to return to school. The parent(s) shall be required to authorize their healthcare professional(s) to release relevant medical information to the school district's healthcare professional, if requested.

Any school district staff member, volunteer, or intern with reasonable cause to suspect or believe that a student has attempted or completed suicide, shall immediately report the information to the Principal or designee or their immediate supervisor who will immediately report it to the Superintendent or designee. The Superintendent or designee shall promptly report it online to the New Jersey Department of Children and Families, or as otherwise required by the Department of Children and Families in accordance with N.J.S.A. 30:9A-24. In accordance with N.J.S.A. 30:9A-24i, any person who reports an attempted or completed suicide shall have immunity from any civil or criminal liability on account of the report, unless the person has acted in bad faith or with malicious purpose.

In accordance with the provisions of N.J.S.A. 18A:6-111 and 18A:6-112, as part of the required professional development for teachers as outlined in N.J.A.C. 6A:9C-3 et seq., every teaching staff member must complete at least two hours of instruction in suicide prevention, to be provided by a licensed health care professional with training and experience in mental health issues, in each professional development period. The instruction in suicide prevention shall include information on the relationship between the risk of suicide and incidents of harassment, intimidation, and bullying and information on reducing the risk of suicide in students who are members of communities identified as having members at high risk of suicide.

The Superintendent or Designee shall prepare and disseminate guidelines to assist school district staff members in recognizing the warning signs of a student who may be contemplating suicide, to respond to a threat or attempted



POLICY

PATERSON BOARD OF EDUCATION

PUPILS 5350/Page 3 of 3 Student Suicide Prevention MM

suicide, and to prevent contagion when a student commits suicide.

N.J.S.A. 18A:6-111; 18A:6-112 N.J.S.A. 30:9A-23; 30:9A-24 N.J.A.C. 6A:9C-3 et seq.

Adopted: 31 October 2002 Revised: 17 August 2011 Revised: 18 November 2015 Revised: 30 November 2016 Revised: 29 August 2018



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 1 of 7 Student Suicide Prevention

R5350 STUDENT SUICIDE PREVENTION

The following are guidelines to assist school district staff members in recognizing the warning signs of a student who may be contemplating suicide, to respond to a threat or attempted suicide, and to prevent contagion when a student commits suicide.

A. Recognition of Warning Signs of Suicide

All school district staff members and support staff members shall be alert to any warning signs a student may be contemplating suicide. Such warning signs may include, but are not limited to, a student's:

- Overt suggestion, regardless of its context, that he/she is considering or has considered suicide or has worked out the details of a suicide attempt;
- Self-mutilation;
- 3. Obsession with death or afterlife;
- Possession of a weapon or possession of other means of suicide or obsession with such means;
- 5. Sense of hopelessness or unrelieved sadness;
- Lethargy or despondency, or, conversely, a tendency to become more impulsive or aggressive than usual;
- Drop in academic achievement, slacking off of energy and effort, or inability to focus on studies;
- Isolation from others by loss of friends, withdrawal from friends, lack of companionship, or family disintegration;



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 2 of 7 Student Suicide Prevention

- 9. Preoccupation with nonexistent physical illness;
- Loss of weight, appetite, and/or sleep;
- 11. Substance abuse:
- Volatile mood swings or sudden changes in personality;
- Prior suicide attempt(s);
- Anxiety or eating disorder;
- Involvement in an unhealthy, destructive, or abusive relationship; and
- Depression due to being a victim/target of harassment, intimidation, bullying, or mistreatment by others.
- B. Response to the Warning Signs of Suicide
 - Any indication of suicide, whether personally witnessed or received by a report from another, shall be taken seriously and immediately reported to the Principal or designee. Upon receiving such report, the Principal will ensure the student is supervised by school staff members until the Building Crisis Team is assembled and the risk level is determined.
 - 2. The Principal or designee shall immediately contact the parent(s) of the student exhibiting warning signs of suicide to inform the parent(s) that the student will be referred to the Building Crisis Team for an intervention, in accordance with C. below.
 - If the threat of suicide is immediate and serious, the Principal will contact local law enforcement and the Superintendent of Schools or designee.



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 3 of 7 Student Suicide Prevention

M

- C. Intervention(s) and Recommendation(s)
 - The Building Crisis Team will immediately meet with the student to complete an intervention.
 - The Crisis Intervention Team will make a recommendation(s), based on the intervention, to the Principal or designee regarding the student's risk level of suicide.
 - 3. The Case Manager will immediately meet with the parent(s) to review the findings of the intervention. Based on the recommendation(s) of the Building Crisis Team, the student may be:
 - a. Permitted to remain in school:
 - (1) If the student remains in school after the intervention, the Case Manager will designate a school staff member to follow-up with the student on any recommendations of the Building Crisis Team.
 - Referred to the Child Study Team for further evaluation (if student is classified);
 - c. Removed from the school and released to the parent(s) and will be required to obtain medical or psychiatric services before the student may return to school:
 - (1) The parent(s) will be required to submit to the Principal or designee a written medical clearance from a licensed medical professional selected by the parent(s) and approved by the Building Crisis Team, indicating the student has received medical services, does not present a risk to



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 4 of 7 Student Suicide Prevention

М

himself/herself or others, and is cleared to return to school. The Principal or designee will not act unreasonably in withholding approval of the medical professional selected by the parent(s). The written medical clearance may be reviewed by a Board of Education healthcare professional before the student is permitted to return to school.

- (2) The parent(s) shall be required to authorize their healthcare professional(s) to release the student's relevant medical information to the school district's healthcare professional, if requested.
- d. Required to comply with the recommendation(s) outlined in C.3.a., b., and/or c. above, and/or any other recommendation(s) of the Principal or designee to ensure the student's safety and the safety of others.
- 4. In the event the parent(s) objects to the recommendation(s) or indicates an unwillingness to cooperate with the school district regarding their child, the Principal or designee will contact the New Jersey Department of Children and Families, Division of Child Protection and Permanency to request intervention on the student's behalf.
- D. Response to Attempted Suicide by a Student
 - Any school district staff member, volunteer, or intern
 with reasonable cause to suspect or believe a student
 has attempted suicide, shall immediately report the
 information to the Principal or designee or their
 immediate supervisor.



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 5 of 7 Student Suicide Prevention

М

- 2. A Principal or designee or supervisor who receives a report of a student who has attempted suicide will immediately report it to the Superintendent or designee, who shall promptly report it online to the New Jersey Department of Children and Families, or as otherwise required by the Department of Children and Families.
- The school district staff member who witnesses a suicide attempt on school grounds, at a school sponsored event, or on a school bus shall immediately contact local law enforcement and emergency medical services, as appropriate.
- E. Response to Suicide Committed by a Student
 - Any school district staff member, volunteer, or intern
 with reasonable cause to suspect or believe a student
 has committed suicide, shall immediately report the
 information to the Principal or designee or their
 immediate supervisor.
 - 2. A Principal or designee or supervisor who receives a report that a student has committed suicide will immediately report it to the Superintendent or designee, who shall promptly report it online to the New Jersey Department of Children and Families, or as otherwise required by the Department of Children and Families.
 - 3. The Principal of the school the student attended will assemble school staff members as soon as possible, prior to the opening of school, to provide school staff members information, plans for the school day, and guidelines for handling the concerns of students.
 - The Principal of the school the student attended will use the Building Crisis Team (including Child Study



PATERSON SCHOOL DISTRICT

STUDENTS R5350/Page 6 of 7 Student Suicide Prevention

Team members) to assist school staff members in dealing with any issues that arise due to the situation and to assist students in the loss with as little interruption of the educational program as possible.

- 5. The Building Crisis Team (including Child Study Team members) will assist teachers in responding to the needs of students. Students who were close to the victim shall be offered special counseling services and parents will be notified of available community mental health services.
- School staff members shall be especially alert to warning signs of contemplated suicide among the victim's peers.
- 7. All Principals in the school district will be promptly informed when a student enrolled in the district commits suicide. The district, with the approval of the Superintendent, may provide support and services to school staff members and students as needed with as little interruption of the educational program as possible.
- The Principal of the school the student attended may, with the approval of the Superintendent, provide any additional support and services that will assist school staff members and students in the loss.
- F. Prevention of Suicide Contagion
 - School staff members, under the direction of the Principal or designee, shall attempt to prevent suicide contagion by:
 - Avoiding the glorification or romanticization of suicide;





Standard Operating Procedure

Subject: Urgent Crisis Teams	Effective Date: 9/19/19	Pages: 1 of 2
Department: Guidance and Counseling K-12	Approved: Eileen F. Shafer, M.Ed. Superintendent of Schools	Superintendent's Signature:

I. Purpose:

To establish district protocols for the deployment of Urgent Crisis Teams to support crisis' that may arise within the school community.

II. Authority:

Superintendent of Schools

III. Terms and Conditions:

- a. The Urgent Crisis Team shall consist of ten School Counselors, ten members of the Child Study Team and five Student Assistance Coordinators. These members will be separated into five groups consisting of five persons each.
- The Building Administrator/Assistant Superintendent will determine if support Services by the Urgent Crisis Team is needed.
- c. If intervention by the Urgent Crisis Team is deemed necessary, the Assistant Superintendent will notify the Director of Guidance and Chief Special Education Officer.
- d. The Director of Guidance and Chief Special Education Officer will deploy one of the Urgent Crisis Teams via email, text and phone call. Attempts will continue until live contact is made to the appropriate number of members. A confirmation/ receipt of message will be requested.
- e. Where applicable, the Urgent Crisis Team will be notified the evening before services are needed and instructed to report directly to the school/crisis center the following morning. Urgent Crisis Team members shall report to the school site no later than 9am.
- f. The Director of Guidance or Chief Special Education Officer will notify Cabinet Members and Principals via email which Crisis members are being deployed to which site.
- g. The Urgent Crisis Team will be available for staff, students, and parents/guardians as needed.

- Each school building shall prepare a Crisis Toolkit in advance. The kit should contain sign-in sheets, paper, pencils, art materials, tissue and grief resources.
- In collaboration with the Building Administrator/Designee, the Urgent Crisis Team shall determine the length of time/number of days that team members remain in the building.
- Upon the conclusion of services, the Director of Guidance and/or the Chief Special Education Officer shall provide a status report to the Superintendent's Cabinet.

IV. Reporting Procedures:

Any variations to the above procedures should be discussed and approved by the Director of Guidance and Chief Special Education Officer.

V. Dissemination:

All building administrators, Child Study Team/Supervisors, School Counselors/ Supervisors, School Nurses/Supervisor, Student Assistance Coordinators/Supervisor.

INTRODUCTION

CRISIS INTERVENTION MANUAL

The Paterson Public School District is committed to addressing the needs of both the students and school staff when a crisis occurs. It is essential that unpredictable and life-threatening situations be assessed for intervention and given immediate attention and action, as crisis is considered a medical emergency. The Paterson Public School District understands the need for crisis team intervention when an incident occurs. Teams will be prepared and accessible to intervene when necessary.

Suicide Level I and Level II refer to students. Attempted suicide, sudden death, community disturbances, violence and sexual abuse refer to students and staff.

Procedures for the following are included:

- 1. Suicide Level I At-risk behaviors
- 2. Suicide Level II Written or verbal intent
- 3. Suicide Level III Attempted Suicidal Act School in Session/School Not in Session
- 4. Sudden Death School in Session/School Not in Session
- 5. Community disturbances School in Session/School Not in Session
- 6. Violence
- 7. Crisis Centers
- 8. Child Sexual Abuse (Developed by the Passaic County Prosecutor's Office)

The *Crisis Intervention Manual* will provide guidance for both students and school staff when necessary. *Crisis Intervention Teams* may be accessed for crises throughout the district. Communication charts included in the procedures outline the steps necessary to follow in the time of a crisis. If an identified person in the communication chart is unavailable, continue to the next step, regardless of the absence.

If a principal is not available, the principal's designee, (person in charge of the building at that time) shall take on the role and responsibilities of the principal. Whoever is assigned this role they must have knowledge of the contents of this manual. The designee shall contact the principal immediately.

THE STUDENT IS TO BE KEPT UNDER CONTINOUS ADULT SUPERVISION IN BOTH IN PERSON AND REMOTE SETTINGS!

All external requests for information regarding crisis in the district shall be directed to the Executive Director of Communication at (973) 321-2430.

1. All school staff shall receive a copy of the manual and should an incident arise, the chain of command must be followed.

This manual shall be reviewed with staff <u>annually</u> at a faculty meeting by school counselor(s) in collaboration with the Building Crisis Team.

ALL SCHOOL STAFF CAN ACCESS THE MANUAL ON THE DISTRICT'S WEBSITE, UNDER THE STUDENT SUPPORT SERVICES AND GUIDANCE DEPARTMENT PAGES.

THE SCHOOL NURSE <u>SHALL NOT</u> BE ASKED TO FULFILL THE ROLE OF THE PRINCIPAL'S DESIGNEE, CRISIS CASE MANAGER OR TO ACCOMPANY THE STUDENT TO A MEDICAL FACILITY.

SUICIDE

LEVEL I – At-Risk Behaviors

Level I: It is important that school personnel and the population in general be aware of warning signs so that the appropriate steps can be administered when they are identified.

Warning signs may include:

- 1. Indications of depression
- 2. Changes in "personality"
- 3. Inability to concentrate
- 4. A downward trend in school performance
- 5. Preoccupation
- 6. Risk-taking behavior or appearing to be "accident-prone"
- 7. Quietness

- 8. Indications that the person is making final arrangements
- 9. Withdrawn appearance
- 10. A sense of not belonging in school
- 11. A sense of having a restricted future because of doing poorly in school
- 12. Alienation from peers
- 13. Low level of family support
- 14. Substance abuse
- 15. Isolation

Remember that a number of warning signs are characteristic of the turmoil of adolescence, making it difficult for adults to know by observation whether a young person is suicidal or not. However, it is critical to be on guard when several warning signs occur together or when a key sign persists over time.

School personnel, because of their extensive contact with young people, are an especially important resource in identifying potentially suicidal youngsters.

Once warning signs have been identified and there is suspicion that a given individual may be suicidal, there are skills that school personnel need to know in order to be able to further assess suicide risk.

A **Building Crisis Team** shall consist of the following:

- Administrator
- Social Worker
- School Counselor
- Psychologist

Nurse

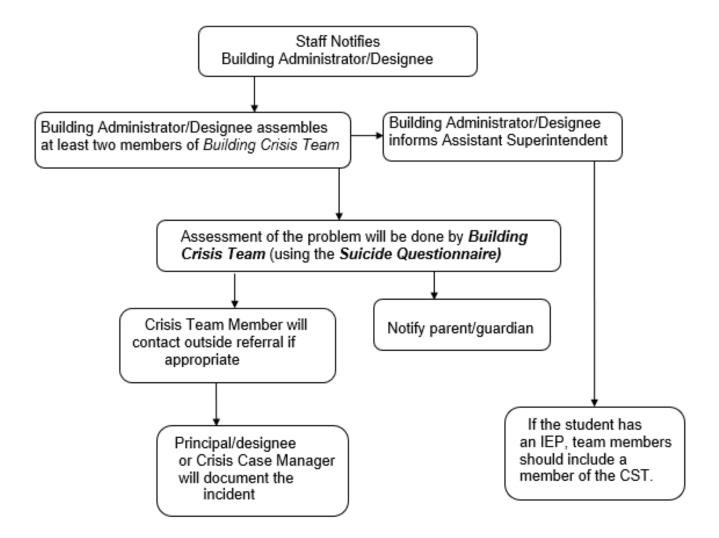
- ➤ SEL Interventionist
- > Student Assistance Coordinator (SAC)

Crisis Procedures				
Level 1 - At Risk Behaviors -				
	In-Person	Remote		
STEP #1	Staff member(s) shall notify the Building Administrator/ Designee immediately and receive confirmation they are aware of crisis	The first person whom this information is shared with must contact the Building Administrator/ Designee and the Parent/Guardian immediately and receive confirmed that they are aware of crisis		
STEP #2	Building Administrator/Designee assembles at least two (2) members (no more than three (3) – never one (1) person alone) of the <i>Building Crisis Team</i> (when present in building). The Building Administrator/ Designee shall make the determination:	The Building Administrator/ Designee will contact a minimum of two persons from the Building Crisis Team to facilitate the crisis and initiate remote crisis intervention		
	who will be the Crisis Case Manager*, and to select the Crisis Team Members	The Building Administrator/Designee shall make the determination who will be the Crisis Case Manager*		
STEP #3	Team Members will assess the level of risk by interviewing the student in a confidential location, using the <u>Suicide Questionnaire</u> to determine whether it proceeds to Level II or III, or whether the child needs an additional referral, <u>including outside referrals</u> , individual counseling and or/Child Study Team intervention (CST Case Manager)	Building Administrator/Designee will schedule a Google Meet with the chosen team members. The meeting will be utilized to discuss the incident and assign a team member to interview the student and another to record the responses utilizing the Suicide Questionnaire.		
STEP #4	Crisis Case Manager* will fill out the Crisis Information Packet via Google Form (https://forms.gle/wUUwaGjiX5FesVBQ8)	The Crisis Team will schedule a Google Meet to interview the student, immediately following the interview, the team will determine if the crisis is Level I, II or III. Crisis Case Manager* will fill out the Crisis Information Packet via Google Form (https://forms.gle/wUUwaGjiX5FesVBQ8)		
STEP #5	Crisis Case Manager* will follow-up with the student and parent/guardian within 3 business days	Crisis Case Manager* will follow-up with the student and parent/guardian within 3 business days		
STEP #6	When Crisis Case Manager* meets with student for the first time after crisis intervention, a Post Care Plan should be filled out and kept separate from the student's academic records.	When Crisis Case Manager* meets with student for the first time after crisis intervention, a Post Care Plan should be filled out and kept separate from the student's academic records.		
	IN ANY CRISIS – IN PERSON AND VIRTUAL – IF THE STUDENT IN CRISIS HAS AN IEP, CRISIS TEAM MEMBERS SHOULD INCLUDE A MEMBER OF THE CHILD STUDY TEAM (CST) IF TRANSMITTING INFORMATION VIA EMAIL, ALWAYS REMEMBER TO ONLY IDENTIFY STUDENT WITH THEIR INITIALS AND ID#.			

A Crisis Case Manager is the staff member who will follow up with the student and crisis case following the intervention

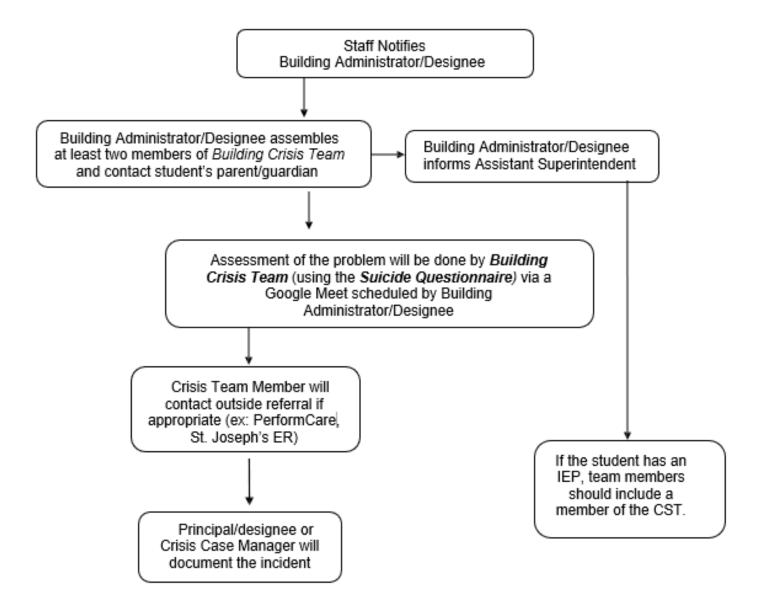
Communications Chart

Level 1 - At-Risk Behaviors



Communications Chart (Remote)

Level 1 – At-Risk Behaviors



SUICIDE

Level II - Written or Verbal Intent

Level II: Student has voiced or written intent to engage in a suicidal act.

Crisis Procedures Level 2 - Written or Verbal Intent -					
	In-Person	Remote			
STEP #1	Staff member(s) shall notify the Building Administrator/ Designee immediately and receive confirmation they are aware of crisis	The first person whom this information is shared with must contact the Building Administrator/ Designee and the Parent/Guardian immediately and receive confirmed that they are aware of crisis			
STEP #2	Building Administrator/Designee assembles at least two (2) members (no more than three (3) – never one (1) person alone) of the Building Crisis Team (when present in building). The Building Administrator/designee shall make the determination:	The Building Administrator/ Designee will contact a minimum of two persons from the Building Crisis Team to facilitate the crisis and initiate remote crisis intervention			
	who will be the Crisis Case Manager*, and to select the Crisis Team Members	The Building Administrator/Designee shall make the determination who will be the Crisis Case Manager*			
STEP #3	Team Members will assess the level of risk by interviewing the student in a confidential location, using the Suicide Questionnaire to access the incident for a Level II (if not Level I, follow Level I crisis intervention procedures) If Level II, Crisis Case Manager* will contact guardian to come to the school.** Once the guardian arrives, Passaic Cty. Mobile Crisis Unit (973) 754-2230 or Perform Care (877) 652-7624 should be called to determine if child should go to hospital or if crisis unit will be dispersed to school.	Building Administrator/Designee will schedule a Google Meet with the chosen team members. The meeting will be utilized to discuss the incident and assign a team member to interview the student and another to record the responses utilizing the Suicide Questionnaire.			
STEP #4	Crisis Case Manager* will fill out the Crisis Information Packet via Google Form (https://forms.gle/wUUwaGjiX5FesVBQ8)	The Crisis Team will schedule a Google Meet to interview the student, immediately following the interview, the team will determine if the crisis is Level I, II or III. Crisis Case Manager* will fill out the Crisis Information Packet via Google Form (https://forms.gle/wUUwaGjiX5FesVBQ8)			
STEP #5	Crisis Case Manager* will follow-up with the student and parent/guardian within 3 business days	Crisis Case Manager* will follow-up with the student and parent/guardian within 3 business days			
STEP #6	When Crisis Case Manager* meets with student for the first time after crisis intervention, a Post Care Plan should be filled out and kept separate from the student's academic records.	When Crisis Case Manager* meets with student for the first time after crisis intervention, a Post Care Plan should be filled out and kept separate from the student's academic records.			

IN ANY CRISIS – IN PERSON AND VIRTUAL – IF THE STUDENT IN CRISIS HAS AN IEP, CRISIS TEAM MEMBERS SHOULD INCLUDE A MEMBER OF THE CHILD STUDY TEAM (CST)

IF TRANSMITTING INFORMATION VIA EMAIL, ALWAYS REMEMBER TO ONLY IDENTIFY STUDENT WITH THEIR INITIALS AND ID#.

A Crisis Case Manager is the staff member who will follow up with the student and crisis case following the intervention

**

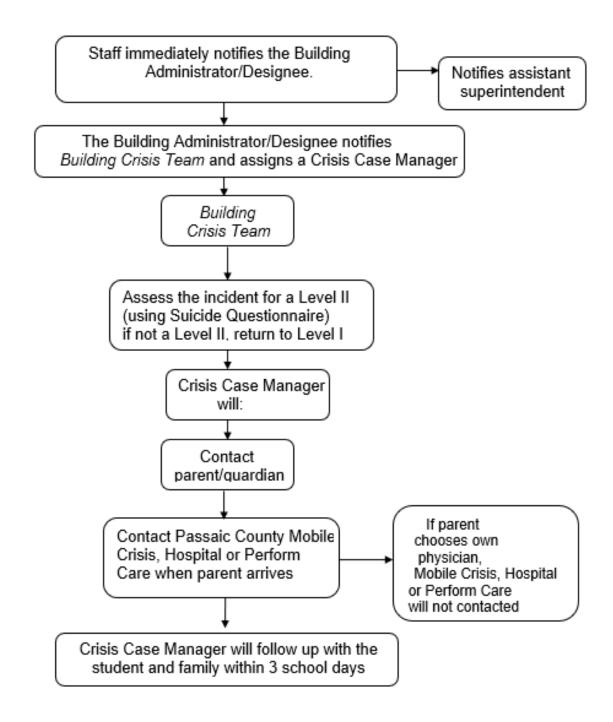
If the student is in need of hospitalization and the parent/guardian cannot be contacted, a staff member (assigned by Building Administrator/Designee) shall accompany the child to the hospital until a parent/guardian arrives.

In the event that a parent/guardian cannot be reached, the Building Administrator/Designee shall contact the Communications Division of the Paterson Police Department at (973) 321-1111 and request to speak to a Shift Supervisor and explain the situation and the need for parent/guardian notification.

If the parent/guardian is contacted and refuses to follow the recommendation for medical assistance **or the police cannot make contact, a crisis team member** shall contact the Division of Child Protection & Permanency (**DCPP – 800-652-2873 [800-NJ ABUSE]**) (formerly DYFS) immediately.

COMMUNICATIONS CHART

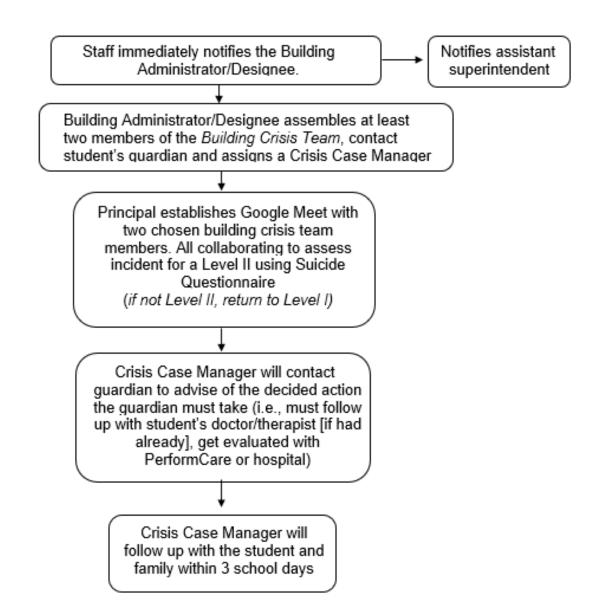
Level II - Written or Verbal Intent



PARENT MUST PRESENT TO THE CRISIS CASE MANAGER AND NURSE DOCUMENTATION OF MEDICAL INTERVENTION FOR STUDENT TO RETURN TO SCHOOL.

COMMUNICATIONS CHART

Level II – Written or Verbal Intent (Remote)



PARENT MUST PRESENT TO THE CRISIS CASE MANAGER AND NURSE DOCUMENTATION OF MEDICAL INTERVENTION FOR STUDENT TO RETURN TO SCHOOL.

ST. JOSEPH'S CRISIS PROCEDURES Reference Sheet

- Passaic County Mobile Crisis Unit at St. Joseph's Hospital -
- I. When accessing hospitals for a crisis, complete the following:
 - 1) The family must be called and must come to school
 - 2) Upon the family's arrival at school, call Crisis Intervention Services at:
 - o Passaic County Mobile Crisis Unit @ St. Joseph's Hospital 973-754-2230
 - Speak to the person on duty. If no one answers, keep trying.
- II. Provide the hospital with the following information:
 - 1) Your name, position, school and phone number
 - 2) The child's name, date of birth, age, grade, address, phone number
 - 3) Medical information on the child known medical concerns or medication(s) the child is taking
 - 4) The family name (person having custody of the child)
 - 5) The person reporting the incident must speak directly with the hospital staff
 - 6) The person reporting the incident must write exactly what happened
 - 7) Inform the hospital if the child is coming by ambulance
 - 8) Fax the Crisis Information Form & Suicide Questionnaire Form to St. Joseph's Hospital 973-754-3721 <u>OR</u> email receipt copies of virtual crisis form and virtual suicide questionnaire directly to student and/or guardian who may show the hospital upon arrival
- III. Working with the family:
 - 1) Complete all crisis forms, including a written statement of the incident
 - 2) Provide copies of all completed forms to the hospital:
 - a. Copies may be faxed to Passaic County Mobile Crisis Unit @ St. Joseph's Hospital at 973-754-3624
 - b. Virtual copies may be emailed directly to the student and/or guardian to show upon arrival at the hospital
 - 3) Direct the family to the Emergency Department Entrance
 - 4) Tell the family that the wait may be long

THE BOARD OF EDUCATION WILL NOT REIMBURSE FOR TRANSPORTATION

Remind the family that for the child to return to school, the Paterson Public School District requires that documentation of a medical intervention has been completed by Hospital staff (Discharge Summary – remind parent to request a Discharge Summary) and/or Physician's Note and must be presented when he/she returns to school with parent/guardian.

SUICIDE

Level III – Attempted Suicidal Act School in Session

Level III: Suicidal act – any self-inflicted act with the intent to terminate one's life that occurs during school.

- 1. Staff member shall immediately notify the Building Administrator/Designee. The Building Administrator shall notify the police and call an ambulance. The school nurse shall be called to monitor and provide first-aid until the police and ambulance arrive.
- 2. The parent/guardian shall be notified by the Building Administrator/Designee of the incident and actions to be taken. The parent/guardian shall be notified to report to school or the hospital. If the student is in need of hospitalization and the parent/guardian cannot be contacted, a staff member shall accompany the child until a parent/guardian arrives. In the event that a parent/guardian cannot be reached (document) the Building Administrator shall contact the Communications Division of the Paterson Police Department at (973) 321-1111 and request to speak to a Shift Supervisor and explain the situation and the need for parent/guardian notification. The Building Administrator/designee will also contact DCPP (1-877-652-2873) and explain the situation.
- 3. The Building Administrator/Designee contacts their Assistant Superintendent.
- 4. The Building Administrator/Designee in consultation with the Assistant Superintendent will decide if the *District Crisis Team* needs to be present at the school site. The Assistant Superintendent will notify the Director of Counseling Services, the Supervisor of Nursing Services or Supervisor of Student Assistance Programs, who will contact the *District Crisis Team* who will then go to the school site.
- 5. The *District Crisis Team* will meet with the Building Administrator/Designee, students and staff who witnessed the attempt and who are at risk.
- 6. The Building Administrator/Designee appoints a Crisis Case Manager* for the student in question as soon as the Building Administrator/Designee is notified of the suicide attempt. The Crisis Case Manager* will obtain information from parent/guardian regarding hospital admission. Parent shall provide documentation to the Building Administrator/Designee for re-admittance into school. Building Administrator/Designee forwards documentation to Crisis Case Manager*.
- 7. All communication and actions taken will be documented by the Building Administrator/Designee including documentation maintained by the Crisis Case Manager*. Copies of all documentation will be forwarded to the Guidance Counselor. These files shall be kept with the student's permanent record.
- 8. The parent/guardian will sign a *Release of Records Form* for the hospital/treatment facility to provide feedback to the school.

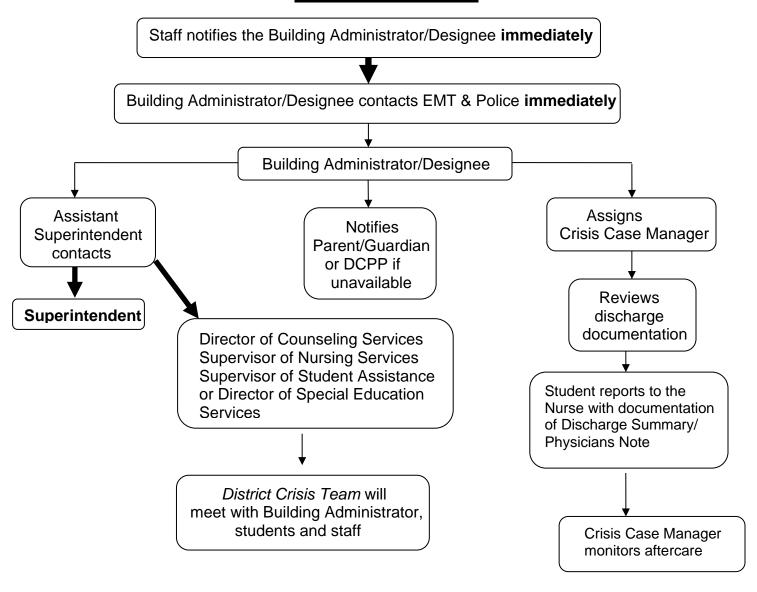
(Steps 1-6 shall be done in the same day)

*When intervening with any issues of suicide or suicide ideation, all rules of confidentiality must be adhered to, with the exception of child sexual abuse.

^{*} A Crisis Case Manager is the staff member who will follow up with the student and crisis case following the intervention

COMMUNICATIONS CHART

Level III – Attempted Suicidal Act School in Session



SUICIDE

Level III - Attempted Suicidal Act

School Not in Session

Level III: Suicidal act – any self-inflicted act with the intent to terminate one's life that occurs outside of school.

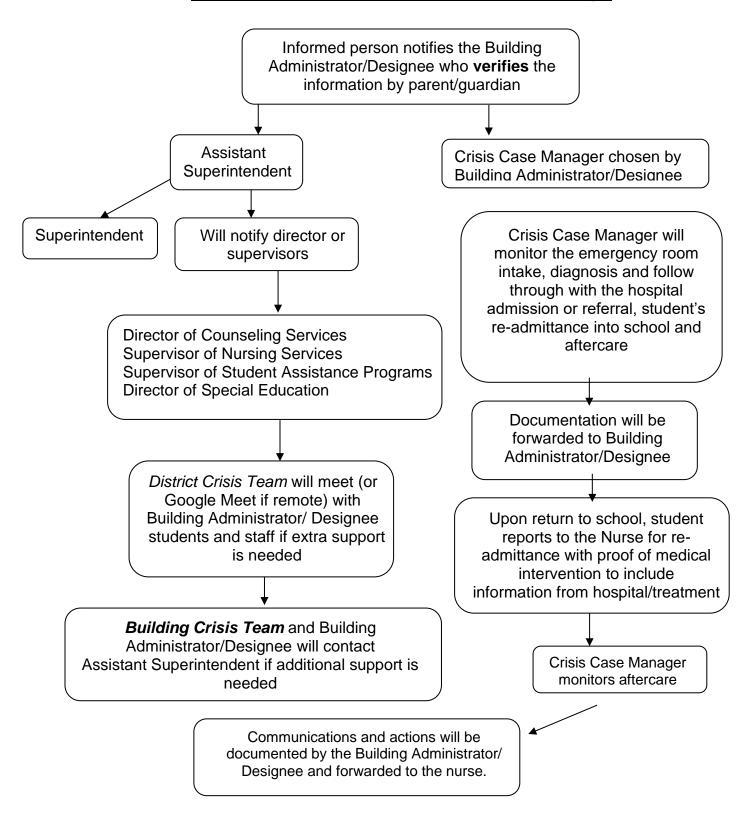
- 1. Informed person notifies the Building Administrator/Designee
- 2. The Building Administrator/Designee **verifies** the information by parent/guardian.
- 3. The Building Administrator/Designee, in consultation with the Assistant Superintendent, will decide if the *District Crisis Team* needs to be present at the school site. The Assistant Superintendent will notify the Director of Counseling Services, Supervisor of Nursing Services, Supervisor of Student Assistance Coordinators or Director of Special Education Services who will access the team to the school site.
- 4. The Building Administrator/Designee appoints a Crisis Case Manager* for the student in question as soon as the Building Administrator/Designee is notified of the suicide attempt. The Crisis Case Manager* will monitor the emergency room intake, diagnosis and follow through with the hospital admission or referral, student's re-admittance into school and aftercare. Documentation will be forwarded to the Building Administrator/Designee. Proof of documentation of medical intervention shall be presented to the Nurse for re-admittance. This form is to include discharge information from the medical facility.
- 5. The Building Administrator/Designee and *District Crisis Team* in consultation with each other will contact outside mental health agencies for assistance. Agency recommendations for follow up activities will be considered for action.
- 6. All communication and actions taken will be documented by the Building Administrator/Designee including documentation maintained by the Crisis Case Manager*. Copies of all documentation will be forwarded to the Nurse. These files shall be kept separate from the student's permanent record. When a crisis is identified, all statements will be held as confidential as possible. To protect the students' privacy <u>DO NOT</u> transmit confidential information via email.
- 7. The parent/guardian will sign a *Release of Information Form* at the school for the medical facility to provide feedback to the school.
- 8. In the event that the parent/guardian has not addressed the suicide attempt they will be given the opportunity to access the services of the *District Crisis Team* immediately. If they decline, *DCPP* shall be contacted.

^{*} A Crisis Case Manager is the staff member who will follow up with the student and crisis case following the intervention

COMMUNICATIONS CHART

Level III - Attempted Suicidal Act

School Not in Session & Remote Settings



Sudden Death

School in Session

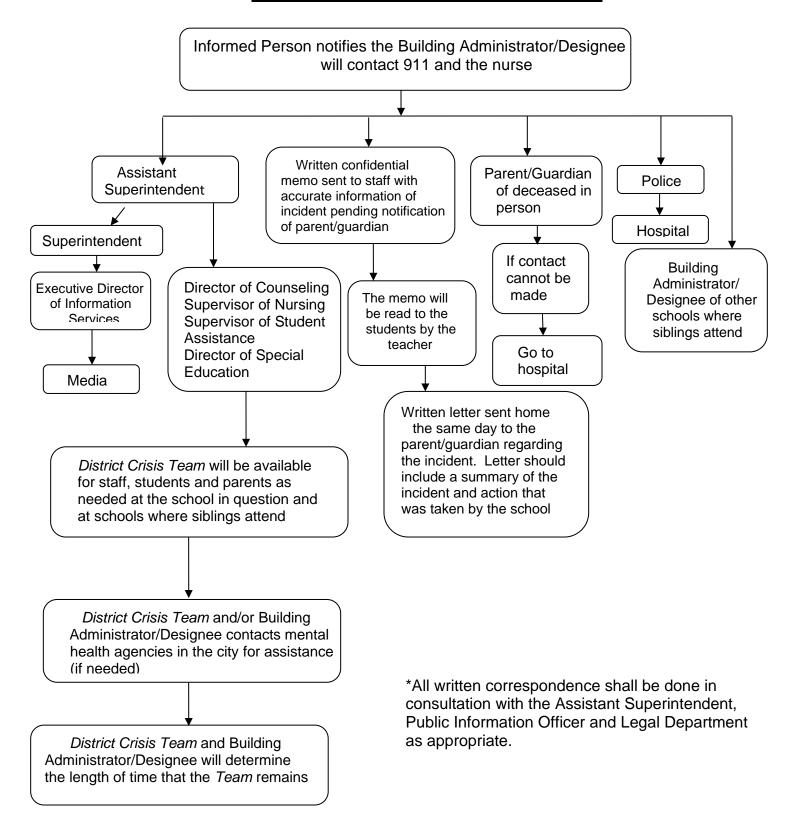
- 1. The informed person notifies the Building Administrator/Designee or person in charge.
- 2. The Building Administrator/Designee notifies in person the parent/guardian of the deceased, Nurse, Assistant Superintendent, Police and Building Administrator of the schools where siblings attend.
- The Assistant Superintendent shall notify the Director of Counseling, the Supervisor of Nursing Services or the Supervisor of Student Assistance Programs to access the District Crisis Team.
- 4. The Building Administrator/Designee will prepare a written confidential memo to send to staff with accurate information of the incident. (**Not to be read over the PA system**).
- 5. The memo will be read to the students by the teacher (in classroom).
- 6. The Building Administrator/Designee will send a letter home on the same day to the parents/guardians summarizing the incident and the action taken.
- 7. The Building Administrator/Designee and *District Crisis Team* will determine the length of time that the Team remains in the building.

(Steps 1-7 shall be done in the same day.)

^{*}All written correspondence shall be done in consultation with the Assistant Superintendent, Public information Officer, and Legal Department as appropriate.

Communications Chart

Sudden Death - School in Session



Sudden Death

School Not In Session

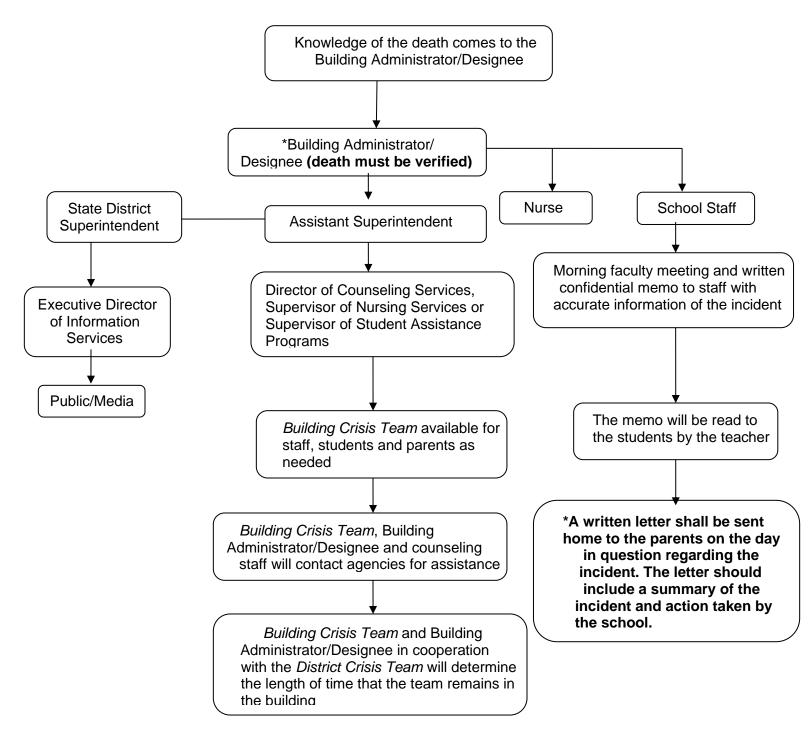
- 1. The informed person notifies the Building Administrator/Designee
- 2. The Building Administrator/Designee verifies the death (before further steps are taken be sure, death is verified).
- 3. The Building Administrator/Designee notifies the Assistant Superintendent, and Nurse. The Building Administrator/Designee conducts an early morning faculty meeting on the first school day, if possible, and prepares a confidential memo to the staff providing accurate information of the incident. (Not to be read over the PA System).
- 4. The teacher will read the memo to the students.
- 5. The Assistant Superintendent will notify the Director of Counseling, Supervisor of Nursing Services, Supervisor of Student Assistance Programs or Director of Special Education Services.
- 6. The Building Administrator/Designee will send a letter home, on the same day to the parents/guardians summarizing the incident and the action taken by the school.
- 7. The Building Administrator/Designee, staff and *District Crisis Team* will determine the length of time that Team remains in the building.

(Steps 1-7 shall be done within 24 hours.)

^{*}All written correspondence shall be done in consultation with the Assistant Superintendent, Public Information Officer, and Legal Department as appropriate.

Communications Chart

Sudden Death - School Not In Session



^{*}All written correspondence shall be done in consultation with the Assistant Superintendent, Public Information Officer and Legal Department as appropriate.

Community Disturbance

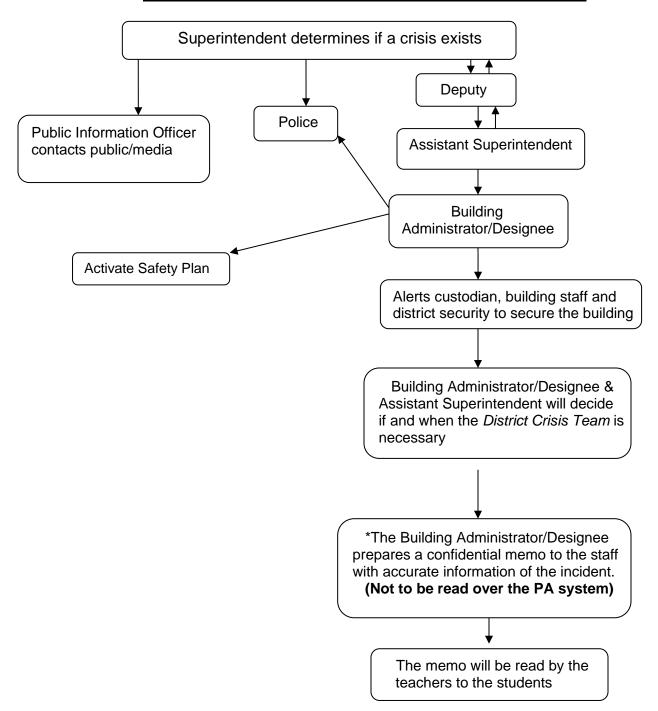
School in Session

- 1. The Superintendent determines if a crisis exists and contacts the Police, Assistant Superintendent and Communications Director. The Superintendent will activate School Safety Plan.
- 2. The Communications Director will make an announcement to the media.
- 3. All students will remain in the classroom (homeroom). There will be no traveling until such time as determined by the Building Administrator/Designee.
- 4. The Building Administrator/Designee will prepare a confidential memo to the staff with accurate information on the incident.
- 5. Teachers will assure all children of their safety and read the written memo prepared by the Building Administrator/Designee.
- 6. The Building Administrator/Designee and the Assistant Superintendent will decide if and when the *District Crisis Team* will assist.

^{*}All written correspondence shall be done in consultation with the Assistant Superintendent, Public Information Officer, Legal Department and Director of Security as appropriate.

Communications Chart

Community Disturbance: School in Session



^{*}All written correspondence shall be done in consultation with the Deputy, Assistant Superintendents, Public Information Officer, Legal Department and Director of Security as appropriate.

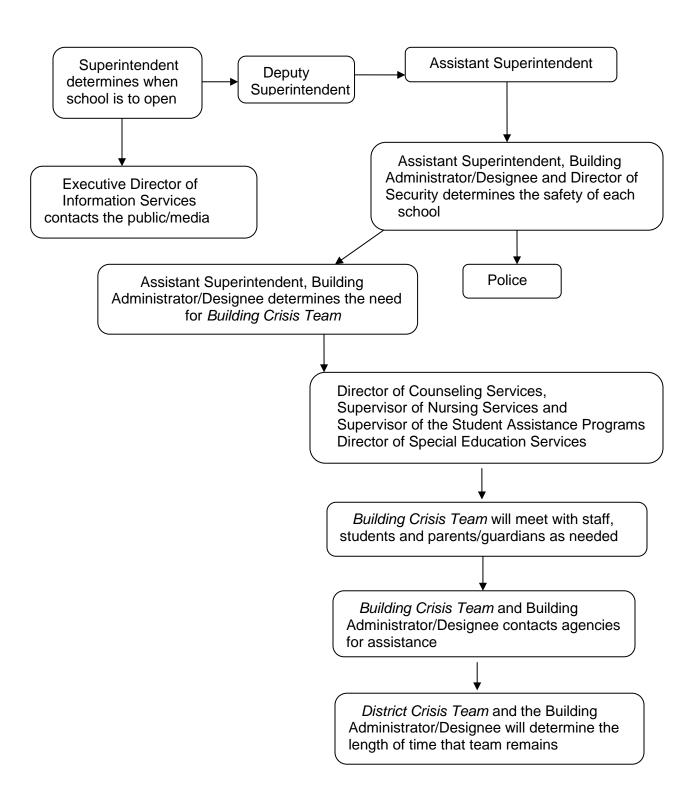
Community Disturbance

School Not In Session

- 1. The Superintendent determines whether and when to open schools.
- 2. The Communications Director or designee communicates to the public/media regarding the opening of schools.
- 3. The Assistant Superintendent and Building Administrator/designee determines the safety of each individual school and whether there is a need for police protection.
- 4. The Building Administrator/Designee and Assistant Superintendent will make a determination as to the need of the District.
- 5. If intervention by the *District Crisis Team* is deemed necessary, the Assistant Superintendent notifies the Director of Counseling, Supervisor of Nursing Services, Supervisor of Student Assistance Programs or Director of Special Education.
- 6. The Director of Counseling Services, Supervisor of Nursing Services, and Supervisor of Student Assistance Programs notifies the *District Crisis Team*.
- 7. Teachers will reassure students of their safety and encourage them to discuss the events that transpired and will refer students to meet with the *Building Crisis Team*.
- Additional community support services will be determined by the Building Administrator/Designee and members of the *District Crisis Team*. This is to be done on a school by school basis, as needed.
- 9. Upon arrival all students will report to homeroom, and there will be no traveling until such time as determined by the Building Administrator/Designee.
- 10. The *District Crisis Team* and Building Administrator/Designee will determine the length of time that the Team remains in the building.

Communications Chart

Community Disturbance: School Not In Session



Violence (School in Session and Not in Session)

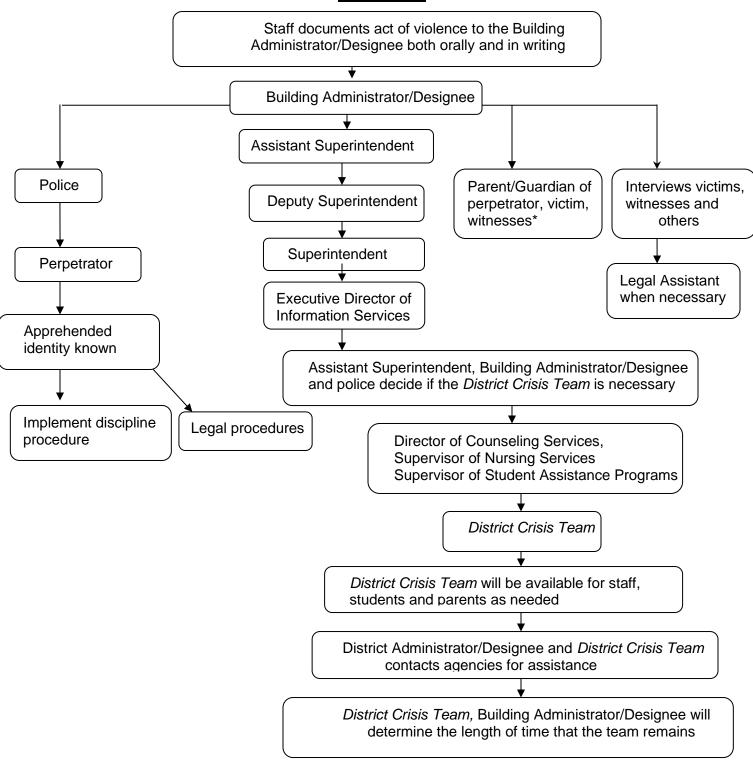
When a student commits **or threatens to commit** an act of violence such as gang confrontation, stabbing, weapon possession, robbery, vandalism, assault, or arson.

All the above-mentioned acts of violence with the exception of vandalism are crimes and require investigation by the police.

- 1. The witnessing staff shall immediately inform the Building Administrator/Designee, first verbally and then in writing.
- 2. The Building Administrator/Designee will notify the police, Assistant Superintendent, and parents/guardians of the perpetrator, witnesses and victims.
- 3. The Building Administrator/Designee interviews all students involved, if possible. The students shall be kept separate, but under constant supervision*. The interviewer(s) become witnesses and will be required to be interviewed themselves. Concerned parties shall not compare interview notes. (*Students should not be interacting with each other)
- 4. The Building/Designee, Assistant Superintendent and police will determine if support services of the *District Crisis Team* or Community Resources are needed.
- 5. If intervention by the *District Crisis Team* is deemed necessary, the Assistant Superintendent will notify the Director of Counseling, the Supervisor of Nursing Services, Supervisor of Student Assistance Programs and the Director of Special Education.
- 6. The Director of Counseling, Supervisor of Nursing Services, Supervisor of Student Assistance Programs and the Director of Special Education notifies the *District Crisis Team*.
- 7. The *District Crisis Team* will be available for staff, students and parents/guardians as needed.
- 8. The *District Crisis Team*, staff and Building Administrator/Designee will determine the length of time that the Team remains in the building.
- 9. The Building Administrator/Designee, school staff and *District Crisis Team* in consultation with each other will contact outside agencies for assistance. Agency recommendations for follow up activities will be considered for action.

Communications Chart

Violence



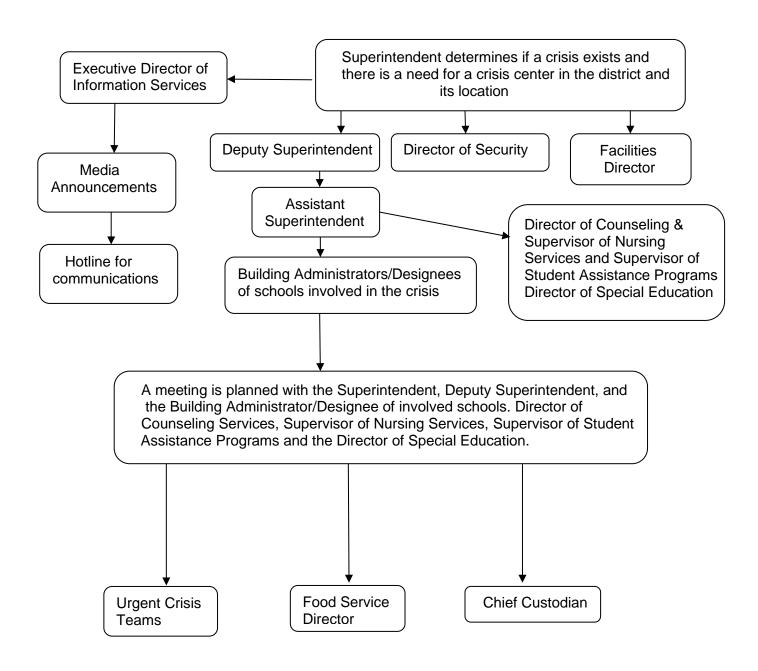
^{*}If multiple students are involved, keep students separate from interacting with each other.

Crisis Centers

- 1. The Superintendent determines if a crisis exists and if there is a need for a crisis center or centers to be open in the district and its location.
- 2. The Superintendent notifies the Deputy Superintendent who notifies assistant superintendents.
- 3. The Superintendent in collaboration with his staff prepares a statement for the Communications Director to announce to the public/media. The Communications Director will also prepare a hotline for communication about the crisis.
- 4. The Assistant Superintendents notifies the Building Administrators/Designees of schools involved in the crisis.
- 5. The Assistant Superintendent will contact the Director of Counseling, Supervisor of Nursing Services and Supervisor of Student Assistance Programs.
- 6. A meeting will be planned with the Superintendent, Assistant Superintendent, Building Administrator/Designee of the involved schools, Director of Security, Director of Counseling, Supervisor of Nursing Services, Director of Special Education and Supervisor of Student Assistance Programs, Clergyman for the community, Community-based counseling service agencies and key community leaders.
- 7. The Superintendent will assign responsibilities to the above-mentioned district administrators. Responsibilities will include accessing security for the building or buildings to be utilized, order refreshments from food services, contact custodial staff to be in the building and staff the crisis center with counselors.
- 8. Once the center or centers are identified, fliers will be printed and distributed to students, staff and the community at large listing the site, address, and time of operation.

Communication Chart

CRISIS CENTERS



Child Abuse (Physical and Sexual)

In New Jersey, any person having reasonable cause to believe that a child has been subjected to abuse or acts of abuse should immediately report this information to the local police department, along with the Passaic County Prosecutor's Office Special Victims Unit (PCPO-SVU) at and the Division of Child Protection and Permanency (DCP&P) at **1-877 NJ ABUSE (1-877-652-2873)**.

A reminder that a concerned caller does not need proof to report an allegation of child abuse or neglect!

Below, staff can find two New Jersey Statutes regarding child abuse. To read the full statutes, enter the statute numbers below on the New Jersey Legislature website.

9:6-8.10. REPORTS OF CHILD ABUSE

Any person having reasonable cause to believe that a child has been subjected to child abuse or acts of child abuse shall report the same immediately to DCF's Child Protection and Permanency (CP&P) by telephone or otherwise. Such reports, where possible, shall contain the names and addresses of the child and his parent, guardian, or other person having custody and control of the child and, if known, the child's age, the nature and possible extent of the child's injuries, abuse or maltreatment, including any evidence of previous injuries, abuse or maltreatment, and any other information that the person believes may be helpful with respect to the child abuse and the identity of the perpetrator.

9:6-8.13. PERSON MAKING REPORT; IMMUNITY FROM LIABILITY; ACTION FOR RELIEF FROM DISCHARGE OR DISCRIMINATION

Anyone acting pursuant to this act in the making of a report under this act shall have immunity from any liability, civil or criminal, that might otherwise be incurred or imposed. Any such person shall have the same immunity with respect to testimony given in any judicial proceeding resulting from such report.

A person who reports or causes to report in good faith an allegation of child abuse or neglect pursuant to section 3 of P.L.1971, c. 437 (C. 9:6-8.10) and as a result thereof is discharged from employment or in any manner discriminated against with respect to compensation, hire, tenure or terms, conditions or privileges of employment, may file a cause of action for appropriate relief in the family part of the Chancery Division of the Superior Court in the county in which the discharge or alleged discrimination occurred or in the county of the person's primary residence.

If the court finds that the person was discharged or discriminated against as a result of the person's reporting an allegation of child abuse or neglect, the court may grant reinstatement of employment with back pay or other legal or equitable relief.

9:6-8.14. VIOLATIONS INCLUDING FAILURE TO MAKE REPORT; DISORDERLY PERSON

Any person knowingly violating the provisions of this act including the failure to report an act of child abuse having reasonable cause to believe that an act of child abuse has been committed, is a disorderly person.

As part of our Crisis Intervention Manual, the district has included documents on the following two pages to address child abuse reports. Please review and familiarize yourself with the PCPO's Child Abuse Disclosure Do's and Don'ts along with the DCP&P Referral Form.

NOTE: The DCP&P Referral form is not a required form, however, may assist you with documentation purposes for your own records.

DCP&P Referral

By law, all staff are required to report to DCP&P (NJ Dept. of Child Protection & Permanency) any suspicions you may have concerning abuse to any student you may come in contact with during the course of your workday.

The telephone # is: 1-877-652-2873 / 1-877-NJ ABUSE

Please have in hand the following information.	
Student referred:	
Student's Date of Birth:	
Parent/Guardian Name:	
Student's Address:	
Student's Telephone Number:	
Student's Homeroom Teacher:	
Suspected Abuse/Neglect:	
After calling, please "log" the call with your supervisor and/or school administration using the form below	v:
Person reporting the incident:	
Date of call: Time of call: Agent#:	

*******AFTER THE DCP&P CALL, PLEASE CONTACT******	(Q)
Passaic County Prosecutor's Office (PCPO) Special Victims Unit (SVII) at 973-837-76	,,,,,
Passaic County Prosecutor's Office (PCPO) Special Victims Unit (SVU) at <u>973-837-76</u> You must speak to an actual person to make a report. <u>Voicemail Messages are not acceptable as a REPORT</u> .	<u>, 100.</u>

Based on the guidelines established by the State of New Jersey,

YOU SHOULD NOT ASSUME THE RESPONSIBILITY OF ASSESSING IF A CONCERN OR SUSPICION

GRANTS AN ABUSE OR NEGLECT CASE.

The Agent answering the claim will take the information provided and make the decision if it grants an abuse or neglect case.

IF IT <u>DOES NOT</u> LOOK, FEEL, OR SOUND RIGHT TO <u>YOU</u> and you have suspicions or concerns for the welfare of a child, you can call the hotline (1<u>-877-652-2873 / 1-877-NJ ABUSE)</u> and they will make the determination.

Passaic County Prosecutor's Office Child Abuse Disclosure Do's & Don'ts

PASSAIC COUNTY PROSECUTOR'S OFFICE'S PROTOCOL
TO BE FOLLOWED WHERE ANY PERSON IN A SCHOOL
HAS REASONABLE CAUSE TO BELIEVE THAT A CHILD HAS BEEN ABUSED OR NEGLECTED

WHAT TO DO:

<u>DO</u> CONTACT THE DIVISION OF CHILD PROTECTION AND PERMANENCY (DCPP) IMMEDIATELY ALWAYS AND WITHOUT EXCEPTION

DCPP State Central Registry 1-877-NJABUSE 1-877-652-2873

<u>DO</u> Contact the Passaic County Prosecutor's Office (PCPO) Special Victims Unit (SVU) in addition to the legal requirement to contact DCPP. To contact the PCPO SVU call (973) 837-7680. *You must speak to an actual person to make a report.* VOICEMAIL MESSAGES ARE NOT ACCEPTABLE AS A REPORT. You may also directly contact Bilingual Child Interview Specialist Giselle Henriquez (973) 837-7650, Joanne Hatt, R.N. (973) 837-7652, SVU Sergeant James Stolz (973) 837-7736 or Chief Assistant Prosecutor Christopher R. Freid (973) 837-7639.

DO Comfort and reassure the child, if appropriate, that the child was correct to disclose the abuse.

 \underline{DO} Arrange for immediate mental health intervention, if needed, in cases of extreme distress upon the disclosure of abuse.

<u>DO</u> Make notes or otherwise memorialize the exact words the child used to disclose abuse or gave rise to a reasonable suspicion of abuse, including the child's demeanor.

<u>DO</u> Be prepared to provide all readily available information concerning the child's pedigree, nature of abuse, and context of disclosure or reasonable suspicion.

DO NOT DELAY REPORTING IF SUCH INFORMATION IS NOT READILY AVAILABLE.

DO Secure emergency medical attention, if appropriate.

<u>DO</u> Keep the child separated from the alleged offender, in relevant cases.

WHAT NOT TO DO:

<u>DO NOT</u> Attempt to interview the child or investigate the allegation to determine its validity. Allow the child to explain. However, do not conduct an inquiry into the circumstances of the abuse. If it is a disclosure which gives rise to a reasonable suspicion the task of interviewing the child is for the appropriate investigating agency. It is only appropriate to ask additional questions if DCPP or Law Enforcement is requesting you to do so.

DO NOT Contact the parent or caretaker until discussing the issue with DCPP or the PCPO.

<u>DO NOT</u> Usher the child to other adults within the school to repeat the disclosure.

For example, <u>DO NOT</u> bring the child to the Principal, School Nurse, School Psychologist, or other person to repeat the disclosure. You may, however, report the disclosure to superiors out of the presence of the child, but such reporting shall follow your immediate duty to contact DCPP.

<u>DO NOT</u> Inform the alleged offender of the accusation or the identity of the complaining or implicated child. Contact DCPP or the PCPO SVU for advice on dealing with the offender if he/she is within the school.

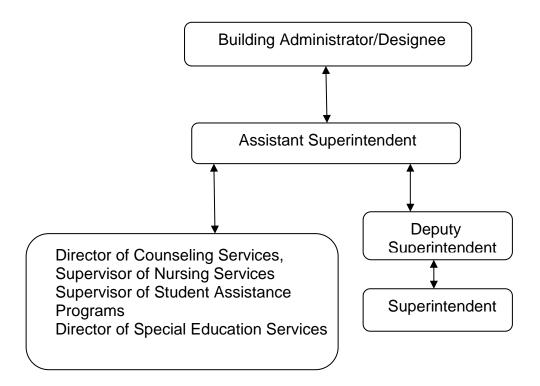
<u>DO NOT INFORM, ASK AND/OR CONFRONT</u> THE ALLEGED OFFENDER ABOUT THE ALLEGATIONS.

<u>DO NOT</u> Overreact, be judgmental, become emotional or angry in the presence of the child.

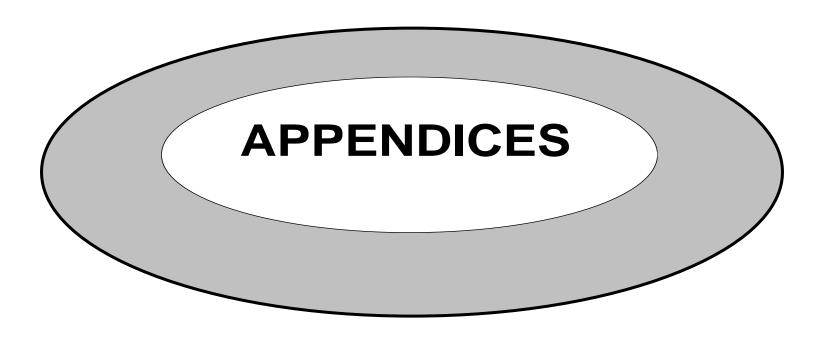
Revised: 10/20

Chain of Command

If a crisis arises that does not correspond to the previously mentioned crisis situations refer to this flowchart to access the District Crisis Team



*The Building Administrator/Designee shall not designate the School Nurse to be in charge of the building



Beginning 2021-2022 school year....

Paper versions of the Crisis Packet and Suicide Questionnaire should ONLY BE USED if there is a problem with Internet or computer within the district.



90 Delaware Avenue Paterson, New Jersey 07503-1804

CRISIS INFORMATION FORM

Please complete this form after each Level I, Level II and/or Level III suicide ideation or attempt. This form must be given to the School Counselor and School Nurse to place a copy in an envelope marked confidential and placed in the student's file. A copy MUST also be faxed to the District Counseling Office 973-321-0704.

erson(s) Completing Form	(name & title)	•	School
Student's Name	Grade	Age	Student ID #
	Address		
Parent/Guardian's Na	ıme	Tele	ephone Number(s)
ntervention Level I	Level II	Level III	
Describe what happened			
Describe what steps were	e taken		
Other comments			
Buil	Iding Administrato	r's/Designee's	s Signature
1)			
2)			

rev. 2019



SUICIDE QUESTIONNAIRE

In conjunction with St. Joseph's Hospital and the National Institute of Mental Health ASQ Toolkit (Revised 11/18/2020)

Today's da	ate:		
Student Na	ame:	DOB:	Age:
Parent/Gua	ardian Name:	Phone:	
Address: _			
if you must determining	t contact St. Joseph's Hospitg if this student is at IMMINEN	e best of your ability. You should tal or Mobile Crisis. Use the fol NT RISK for harming themself. If e school or proceed directly to S	lowing questions to aid in the the answer is yes, contact the
		FYOUR SIGHT. The student muswer questions, please indicate	
Cı		Background and His this form should answer all que	
1) Please w	write a brief summary as to w	hy this student was referred:	
2) Please a responses):	ask the student if they are exp	periencing any of the following (c	sircle confirmed student
	a. Sleeplessness or exc	essive sleep	
	b. Break-up with boyfrie	nd/girlfriend	

f. Auditory/visual hallucinationsg. Difficulty concentrating or paying attention

e. Death or illness of close family member or friend

h. Recurring or obsessive thoughts

d. Depressed mood most of the time

- ii. Reculling of obsessive thoug
- i. Change in grooming habits

c. Disturbances in appetite

- j. Increase in absences
- k. Sudden mood swings or changes
- I. Other changes in behavior noted by school personnel
- m. Change in status of household

SUICIDE QUESTIONNAIRE (PG 1)

Section II: Assess the Student
Crisis Team Member filling out this form should write YES or NO when asking the questions below.

Symptoms

1) <i>Depression</i> : "In the past few weeks, have you felt so sad or depressed that it makes it hard to do the things that you would like to do?"
2) Anxiety: "In the past few weeks, have you felt so worried that it makes it hard to do the things that you would like to do or that you feel constantly agitated/on-edge?"
3) Impulsivity/Recklessness: "Do you often act without thinking?"
4) <i>Hopelessness</i> : "In the past few weeks, have you felt hopeless, like things would never get better?"
5) <i>Isolation</i> : "Have you been keeping to yourself more than usual?"
6) <i>Irritability</i> : "In the past few weeks, have you been feeling more irritable or grouchier than usual?"
7) Substance Use: "In the past few weeks, have you used drugs or alcohol?"
If yes, ask "What was used and how much?"
8) Sleep Patterns: "In the past few weeks, have you had trouble falling asleep or staying asleep? For example, you wake up in the middle of the night or earlier than usual in the morning?"
9) <i>Appetite</i> : "In the past few weeks, have you noticed changes in your appetite? Have you been less hungry or more hungry than usual?"
Social Support & Stressors
1) Support Network: "Is there a trusted adult you can talk to?"
If yes, ask "Who?"
2) Prior or Current Licensed Supports: "Have you ever seen a therapist/counselor?"
If yes, ask "Who, when, and what for?"
3) Family Situation: "Are there any conflicts at home that are difficult to handle?"
If yes, ask "Could you describe what is happening?"
4) School Functioning: "Do you ever feel so much pressure at school (academic or social) that you can't take it anymore?"

SUICIDE QUESTIONNAIRE (PG 2)

If yes, ask "Could you describe what is happening?"		
5) Bullying: "Are you being bullied or picked on?"		
If yes, ask "Could you describe what is happening?"		
Section III: Suicide Screening Crisis Team Member filling out this form should circle YES or NO when asking the quantum street and the street are street as the street are street are street are street as the street are st	unetions ha	low
1) In the past few weeks, have you wished that you were dead?	YES	NO
2) In the past few weeks, have you felt that you or someone close to you would be better off dead?	YES	NO
3) In the past week, have you had thoughts about killing yourself?	YES	NO
4) Have you ever tried to kill yourself?	YES	NO
If yes, how and when?		

5) Are you having thoughts of killing yourself right now?

YES || NO

Next Steps

Consider all the answers provided specifically for Section III.

- If student answers "NO" to all questions 1 5, screening is complete. No suicide intervention is necessary, however, clinical judgment can always override a negative screen
 - (i.e., the responses in sections I and II are alarming enough to make you, as a crisis team member, want a deeper assessment on the student.)
- If the student answers "YES" to any of questions 1-5, or refuses to answer, they are considered a positive screen (requiring a formal assessment).

If the student screen is positive for a suicide assessment, the student should be referred for a psychological evaluation. Psychological evaluations can be performed by:

Perform Care 1-877-652-7624	Family therapist	
www.performcarenj.org		
NJ Licensed Clinician	St. Joseph's Mobile Crisis	
(LPC, LSCW, Psy-D, Psychiatrist)	973-754-2230	
St. Joseph's ER Services		

973-754-2230

(for imminent danger, including active suicidal event where a medical a medical professional is warranted)

Section IV: Additional Script (if needed)

Crisis Team Member may utilize the scripting below when working with the student and guardian.

Say to parent/guardian if present for Crisis Intervention:

"National safety guidelines recommend that we screen all students for suicide risk when we are alerted about a situation. We ask these questions in private, so I am going to ask you to step out of the room for a few minutes. If we have any concerns about your child's safety, we will let you know."

Once parent/guardian steps out, say to student:

"Now I'm going to ask you a few more questions." Administer the PPS Suicide Questionnaire and any other questions you want to ask in private (e.g. domestic violence, neglect, etc.).

If student screens positive, say to student:

"These are hard things to talk about. Thank you for telling me. I'm going to share your answers with St. Joseph's Crisis, and they will further speak with you."

If student screens positive, say to parent/guardian, if waiting:

"We have some concerns about your child's safety that we would like to further evaluate. It's really important that he/she/they spoke up about this. Based upon [student's name]'s responses to our questionnaire, I'm going to talk to St. Josephs Crisis, and they will further evaluate your child for safety."



90 Delaware Avenue Paterson, New Jersey 07503-1804

MEDICAL INFORMATION FORM

Student:	Date of Birth:
Address:	Phone:
Parent/Guardian:	
School:	Grade:
Health Concerns:	
None	
Concerns:	
Medication(s):	
None	
Medications:	
School Nurse	



NOTICE OF POTENTIAL HARM TO SELF AND/OR OTHERS

Date:	_ School:	Grade
Student:	DOB:	
Parent:	Phone:	
Address:		
I have been informed by		, that my child,
	has been maki	ng statements with
potentially life-threatening impl	lications. I have been advised that I need t	o do the following:
I have agreed to follow the and the reason they were made	se recommendations. I fully understand the.	nese recommendations
I have not agreed to follow recommendations and the reas	these recommendations. I fully understar	nd these
Failure to comply with the above Division of Child Protection & F	ve recommendations could result in notific Permanency (DCPP).	cation to the
Parent/Guardian Signature:		_
Witness:		



AVISO DE DAÑO POTENCIAL A A MÍ MISMO / O OTROS

Fecha:	Escuela:	Grado
Estudiant	te: Fed	cha de nacimiento:
Padre: Teléfono:		
Dirección	n:	
		, me informó que
mi hijo		ha estado haciendo
declaraci	ones con implicaciones potencialn	nente mortales. Me han informado que
necesito l	hacer lo siguiente:	
	aceptado seguir estas recomenda comendaciones y la razón por la qu	ciones. Entiendo completamente estas e fueron hechas.
_	he aceptado seguir estas recomer comendaciones y la razón por la qu	daciones. Entiendo completamente estas e se hicieron.
	plimiento de las recomendaciones n de Protección y Permanencia Inf	anteriores podría dar lugar a una notificación a antil (DCPP).
Firma del	Padre / Tutor:	
Testigo:		



PERMISSION FOR RELEASE OF MEDICAL INFORMATION (PARENT CONSENT FORM)

Date:			
School Nurse (Print)	_	School	
Phone	-	Fax	
I hereby give permission to the School Nurse, or request records and information regarding			, to release
(Print Student's Name)	·		
Please send medical records and information	to:		
School	-		
Address	Paterson, Ne	ew Jersey (Zip Code)	
Parent/Guardian Signature		Date	
Parent/Guardian Signature		Date	

Copy - Hospital/Medical Provider Copy - Nurse Copy - School Counselor



PERMISO DEL PADRE/MADRE PARA OBTENER U OTORGAR INFORMACION MÉDICA

Escuela
Facsímile
, para dar ເ
, para obtener u otorgar (Imprenta)
(Nombre del estudiante)
ación a la:
Paterson, New JerseyCodigo postal
Fecha

Copy - To Hospital/Medical Provider Copy - Nurse Copy - Case Manager



VERIFICATION OF MEDICAL INTERVENTION PERSONAL PHYSICIAN

то:		
(Building Principal/Designee)		School
RE: EVALUATION OF:		_
(Student's Nar	me)	D.O.B
In accordance with the Paterson Public Sch	ool District's Cris	is Intervention Procedures, the
above named student was evaluated on		and is found to be safe to
return to school.	(Date)	
(Print) Name & Title		Telephone Number
Signature		



Dr. Laurie Newell, PhD Schools Superintendent

Student Post Care Plan

After a crisis intervention, all students should have a safety/post care follow up plan in place, reviewed together with their crisis case manager. Please fill out all the steps below, provide a copy of the document to the student for their records, and keep the original with the student's files, separate from their academic records.

Step One:	
Warning signs (thoughts, images, mood, situation, behavior) that a crisis may be developing	
Spoken script to student:	
What are some of those early or initial thought	s, feelings or behaviors that lead to suicidal thinking.
1)	
2)	
3)	
CA	Ture.
Step Two: Internal Coping Strategies – Things I can do to take my mind off my problems without contacting another	
person (relaxation technique, physical activity)	
person (relaxation rectinique) priyoreal actions,	
Spoken script to student:	
What are some distraction activities that you can do by yourself?	
1)	
2)	
3)	
Ston Throng	
Step Three: People and social settings that provide distraction	
r copic and social settings that provide distraction	
Spoken script:	
Who can you call or where can you go to provide distraction when you feel a crisis coming?	
Person 1:	Phone:
Person 2:	Phone:
Place #1:	Place #2:

Step Four: People whom I can ask for help Spoken script: Who can you call for help? Who can you tell you're feeling suicidal? Who can take you to the hospital? Person 1: Phone: Person 2: Phone: Person 3: Phone: **Step Five:** Professionals or agencies I can contact during a crisis Spoken script to student: What is your therapist's phone number (and emergency number – maybe a 24/7 hotline they have or cell number)? What about your doctor? Do you know your local hospital information? How about hotlines? Therapist Name: Phone#: Emergency#: **Doctor Name:** Phone#: Emergency#: Local Hospital: **Hotlines:** St Joseph's University Medical Center 1) Suicide Prevention Lifeline: 800-273-**Emergency Crisis Services TALK(8255)** 2) Crisis Text Line: Text HOME to 741741 703 Main Street Paterson, NJ 07503 3) 973-754-2230 4) 5) **Step Six: Making Your Environment Safe** Spoken script to student: What are some ways you can make your environment safer? (i.e. locking up medications/have parent hold on to medications, having family locking up and/or remove all sharp objects and lethal weapons [guns]) 1) 2) 3) As of today, ___ ____, hereby agree to abide by the terms (write student's name) of my post care plan. I understand that with my signature below, I agree to participate in better supporting my mental health and will do my best to follow the post care plan. Should following my post care plan be difficult or it becomes hard to manage, I promise to reach out to my Crisis Case Manager or School Counselor. Student Signature Crisis Case Manager/School Counselor School Year



Dr. Laurie Newell, PhD Schools Superintendent

Plan de cuidados posteriores del estudiante

Después de una intervención de crisis, todos los estudiantes deben tener un plan de seguridad y seguimiento posterior, examinado junto con su encargado de casos de crisis. Rellene todos los pasos que se indican a continuación, entregue una copia del documento al estudiante para su archivo, y conserve el original en el expediente del alumno, separado de su expediente académico.

Primer paso:	
Señales de alerta (pensamientos, imágenes, estado de ánimo, situación, comportamiento) que indiquen que	
se puede estar gestando una crisis	
	do con el estudiante: ntimientos o comportamientos tempranos o iniciales que
conducen a pensamientos suicidas?	
1)	
2)	
3)	
Segundo paso:	
Estrategias internas de afrontamiento: Cosas que puedo hacer para olvidarme de mis problemas sin contactar	
con otra persona (técnicas de relajación, actividades físicas).	
Texto hablado con el estudiante:	
¿Qué actividades para distraerte puedes hacer tú solo?	
1)	
2)	
3)	
,	
Tercer paso:	
Personas y entornos sociales que producen distracción	
Toyto hablada	
Texto hablado: ¿A quién puedes llamar o dónde puedes ir para distraerte cuando presientas que se acerca una crisis?	
Persona 1:	Teléfono:
Persona 2:	Teléfono:
Lugar #1:	Lugar #2:

Cuarto paso: Personas a las que puedo pedir ayuda Texto hablado: ¿A quién puedes pedir ayuda? ¿A quién puedes decirle que te sientes que deseas suicidarte? ¿Quién puede llevarte al hospital? Teléfono: Persona 1: Persona 2: Teléfono: Teléfono: Persona 3: Quinto paso: Profesionales u organismos con los que puedo contactar durante una crisis Texto hablado con el estudiante: ¿Cuál es el número de teléfono de tu terapeuta (y el número de emergencias, tal vez una línea directa 24/7 que tengan o un número de móvil)? ¿Y el de su médico? ¿Conoces la dirección de tu hospital? ¿Y las líneas directas? Nombre del Terapeuta: Teléfono #: Emergencia #: Nombre del médico: Teléfono #: Emergencia #: Hospital local: Líneas directas: 1) Línea de prevención del suicidio: 800-273-St Joseph's University Medical Center **Emergency Crisis Services TALK(8255)** 703 Main Street 2) Línea de texto para crisis: Enviar texto Paterson, NJ 07503 **HOME al 741741** 973-754-2230 3) 4) 5) Sexto paso: Seguridad en el entorno *Texto hablado con el estudiante:* ¿Cuáles son algunas de las formas en que puede hacer que su entorno sea más seguro? (por ejemplo, guardar bajo llave los medicamentos/que los padres quarden los medicamentos, que la familia quarde bajo llave y/o retire todos los objetos punzantes y armas letales [pistolas]) 1) 2) 3) A partir de hoy, _ (Fecha de hoy) (Nombre del estudiante) por la presente me comprometo a cumplir las condiciones de mi Plan de cuidados posteriores (Post Care Plan). Entiendo que con mi firma abajo, estoy de acuerdo en participar en un mejor apoyo a mi salud mental y haré todo lo posible para seguir el Plan de cuidados posteriores. mental y haré todo lo posible por seguir el plan de cuidados posteriores. En caso de que me resulte difícil seguir mi plan de cuidados difícil de manejar, prometo comunicarme con mi Administrador de Casos de Crisis (Crisis Case Manager) o Consejero Escolar (School Counselor).

Año escolar

Administrador de Casos de Crisis /

Consejero Escolar

Firma del estudiante

SAMPLE TEMPLATE - STAFF NOTIFICATION OF DEATH

Date: [DATE]
To: All Staff

From: [NAME OF SCHOOL] Crisis Team

Re:

The recent death of [INSERT NAME] (has OR is expected to make) a significant impact on our entire school community. Our crisis team has been mobilized to respond to this tragic event.

On [DATE], [NAME OF DECEASED] ¹ We expect a variety of reactions to this loss from our students, parents, and members of our staff. Some of these reactions may be mild, others may be more intense.

To effectively assist all members of our school community, an emergency staff meeting will be held at [TIME] on [DATE] in the [INSERT PLACE (SUCH AS THE CAFETERIA OR OTHER LARGE AREA)]. At that time, our crisis team will provide further details and answer questions. We will also discuss how to present the information to our students. In the meantime, please refer all inquiries from outside sources to [NAME OF THE MEDIA OR COMMUNICATION COORDINATOR].

With students, you can acknowledge that this death has occurred. However, please avoid discussion of any details; simply tell students that the school staff will provide information to everyone shortly. Please refer any student who appears to be in crisis or having significant difficulty to [NAME OF COUNSELING SERVICES COORDINATOR]. As this tragedy has also affected our staff, we encourage you to also seek assistance from [Name of Appropriate Administrator], if desired.

Emergency Staff Meeting

Time: Date: Location:

If you have any questions or concerns before the meeting, please contact [Principal's Name].

SAMPLE TEMPLATE - PARENT NOTIFICATION OF DEATH

[DATE]

Dear Parent,

It is with deep regret that we inform you about a recent loss to our school community. This loss is sure to raise many emotions, concerns, and questions for our entire school, especially our students.

Our school [AND, IF APPLICABLE, NAME OF SCHOOL DISTRICT] has a Crisis Intervention Team made up of professionals trained to help with the needs of students, parents, and school personnel at difficult times such as this. At our school [OR INSERT NAME OF ALTERNATIVE SCHOOL], we have counselors available for any student who may need or want help or any type of assistance surrounding this loss. We encourage you, as parents, to also feel free to use our resources.

We have enclosed some information that may be useful to you in helping your child at home. If you would like additional information or need assistance, please do not hesitate to contact [NAME OF COMMUNICATIONS COORDINATOR OR COUNSELING SERVICES COORDINATOR] at [PHONE NUMBER AND/OR EMAIL].

We are saddened by the loss to our school community and will make every effort to help you and your child as you need.

Sincerely,

[NAME OF THE SIGNER AND TITLE. THIS LETTER IS USUALLY SIGNED BY THE PRINCIPAL, SUPERINTENDENT, OR CRISIS TEAM COORDINATOR.]

SAMPLE TEMPLATE - STUDENT NOTIFICATION OF DEATH

THIS INFORMATION SHOULD BE GIVEN TO TEACHERS AND OTHER STAFF TO READ TO STUDENTS AT A DESIGNATED TIME TO SHARE WITH THE ENTIRE STUDENT BODY (E.G., HOMEROOM OR FIRST/SECOND PERIOD).

It is with sadness that I tell you about a loss to our school family. On [DATE], [NAME OF DECEASED].

I understand that many of you may have upsetting feelings and questions about [NAME OF DECEASED]'s death. I will try to answer any questions that I can. If you would like, we will take the remainder of this class period to talk about what has happened. At times like this, it is okay to have many different feelings, including sadness, anger, and disbelief. It is okay to cry. Together, we can talk about whatever you may be feeling or want to talk about. If I cannot answer your questions, or you would like to talk to someone privately, there are support rooms now available [LOCATION OF SUPPORT ROOM(S)]. Anyone who would like to go to talk to someone in the support rooms may do so now. I will give you a pass.

[DETERMINE WHICH STUDENTS WOULD LIKE TO LEAVE FOR A SUPPORT ROOM. ASK THE REMAINING STUDENTS IF THEY HAVE ANY QUESTIONS OR COMMENTS THEY WOULD LIKE TO SHARE. TAKE TIME TO ANSWER AND TO TALK AS THE STUDENTS' DESIRE.

SUICIDE PREVENTION TRAINING

18A:6-112. INSTRUCTION IN SUICIDE PREVENTION FOR PUBLIC SCHOOL TEACHING STAFF.

The State Board of Education, in consultation with the New Jersey Youth Suicide Prevention Advisory Council established in the Department of Children and Families pursuant to P.L.2003, c.214 (C.30:9A-22 et seq.), shall, as part of the professional development requirement established by the State board for public school teaching staff members, require each public-school teaching staff member to complete at least two hours of instruction in suicide prevention, to be provided by a licensed health care professional with training and experience in mental health issues, in each professional development period. The instruction in suicide prevention shall include information on the relationship between the risk of suicide and incidents of harassment, intimidation, and bullying and information on reducing the risk of suicide in students who are members of communities identified as having members at high risk of suicide.

Adopted. L. 2005, c. 310, §2, effective January 11, 2006. **Amended. L.** 2006, c. 47, §80, effective July 11, 2006, and shall be retroactive to July 1, 2006; L.2010, c. 122, §4, approved January 5, 2011, in the first school year following enactment, but the Commissioner of Education may take such anticipatory administrative action in advance

thereof as shall be necessary for the implementation of this act.

ONLINE TRAINING AVAILABLE

The Society for the Prevention of Teen Suicide is proud to announce the update to its Best Practices, free 2-hour online training for staff, "Act on FACTS: Making Educators Partners in Youth Suicide Prevention". Developed by national suicide prevention expert and SPTS Clinical Director, Maureen Underwood, LCSW, the training is available to educators worldwide at no cost at www.sptsuniversity.org. The training, helps teachers and educators to understand

their roles for suicide prevention and how important it is to recognize their roles as "Trusted Adults".



Gaggle Incidents

What is an incident?

Gaggle's Safety Team reviews content flagged by our technology as potentially harmful and determines whether the content requires intervention from the district. If the content requires intervention, it is considered an incident.

- (3) Su
 - Suicide
- **6**
 - Self Harm
- 0
- Violence Toward Others
- Nudity
- Sexual Content
- Harassment
- Drugs & Alcohol

What content is reviewed?

Student content is reviewed across online collaboration platforms, such as Google's G Suite for Education, Microsoft Office 365, and Canvas. Gaggle's weapon detection technology scans images for any problematic weapon-related imagery or video footage. Incidents involving weapons will be flagged and assigned an incident type by a Safety Team member.

Based on the severity of the content, the Gaggle Safety Team will classify it as a Questionable Content (QCON) or a Possible Student Situation (PSS) incident.

In cases of uncertainty, a conservative approach that errs on the side of caution is taken.



Gaggle Incidents



What is the difference between a QCON and PSS incident?



A QCON indicates cause for concern or intervention but does not reveal an imminent threat to a student or students.



A PSS indicates an imminent threat to a student or students that requires immediate intervention.

What happens when a QCON incident is created by the Safety Team?

Questionable Content results in an email notification sent to the school or district's specified Emergency Contacts. The email contains details related to the incident and a link to the Gaggle Portal.

What happens when a PSS incident is created by the Safety Team?

Possible Student Situations result in direct personal notification by text message or telephone call to the school or district's specified Emergency Contacts.

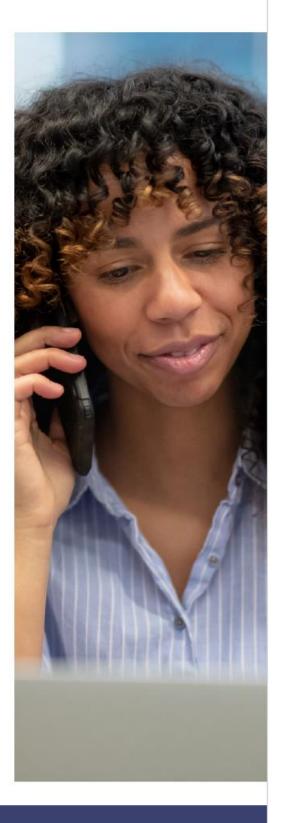
If you receive a voicemail or text message from the team requesting a callback, it's imperative that you respond as soon as possible. Since phone calls and texts are reserved for serious situations (PSS), a response is required to confirm that the situation is being handled.

For customers using our Gaggle After Hours service, Gaggle will call the designated local authorities when a PSS incident occurs after hours, and they will determine if a wellness check is needed to ensure student well-being.

Violations

Some districts implement violations while other districts do not. Students receive warnings by email for Violations. Administrators are copied on these emails when multiple warnings occur.

If you have any questions on managing Gaggle incidents, reach out to our support team at support@gaggle.net.



Gaggle's Portal allows district leaders and staff to monitor, track, resolve, and audit incidents. The Portal also provides districts with reporting and communicating capabilities. This guide outlines how to manage Incidents in the Portal.

Incident Tab

When you log into the Gaggle Portal, you land on the Incidents tab. This is the Incident Workflow page, where all Incidents are tracked and managed.

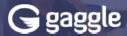


A District Administrator will see all incidents for the district. An Emergency Contact will see all of the incidents for the building(s) they are assigned. Incidents are kept in the Portal for one year.

The incidents are organized in a grid with column headers.

Status Type Category Occurred On Student School / Group Assigned To Incident ID

- Status: Whether an incident is New, In Progress, or Resolved
- Type: Questionable Content (QCON) or Possible Student Situation (PSS)
- Category: The incidents are categorized as Drugs & Alcohol, Harassment, Nudity, Sexual Content, Self Harm, Suicide, or Violence Toward Others
- Occurred On: The date the incident occurred
- Student: The name of the student involved in the incident
- School/Group: The school or group that the student involved in the incident belongs to
- Assigned To: The name of the Emergency Contact assigned to this incident or Unassigned for incidents that have not been assigned
- Incident ID: Gaggle generated unique Incident ID



Date Range

On the Incidents tab, there is a drop-down to adjust the date range to one of the following options:

- Today: incidents that occurred today
- Last 7 days: incidents that occurred during the past 7 days
- Last 30 days: incidents that occurred during the past 30 days
- This school year: incidents that occurred during the current school year (July 1 June 30)
- Date Range: incidents that occurred during your desired date range (use the calendar to set your date range)

Filter

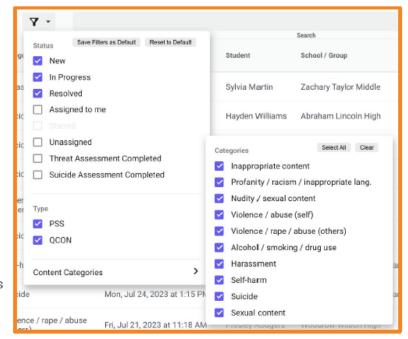
You may wish to filter incidents by Status, Type, or Content Categories.

Status Filters Include:

- New
- In Progress
- Resolved
- Assigned to me
- Starred
- Unassigned
- Threat Assessment Completed
- · Suicide Assessment Completed

Filter Types Include PSS and QCON incidents.

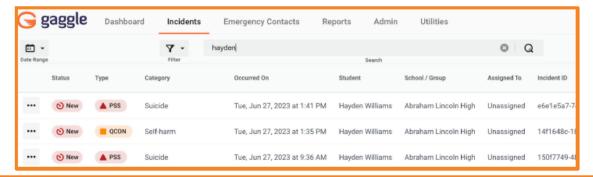
Content Categories can be filtered if there is a need to see only a specific category of incidents.



By default, both incident types (QCON & PSS) are included in the Incident page view and incidents with New, In Progress, and Resolved statuses.

Incident Keyword Search

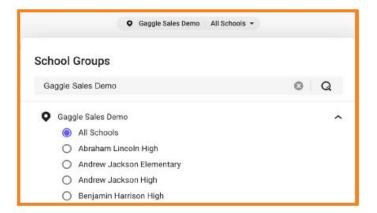
In order to view incidents related to a specific keyword, use the Search bar to the right of the Filter. Type your keyword and select the magnifying glass icon to search. Emergency Contacts can search by reference id, student name, or keyword(s) listed in the Gaggle email notification.





Viewing Incidents by School/Group

A drop-down at the top of the Incidents page will appear if you are responsible for managing incidents for multiple groups or schools. Using the drop-down, a single group or school's Incidents can be viewed.



Individual Incidents

Viewing an Individual Incident

To view an individual incident, double click on the incident or use the ellipsis on the left of the incident and choose "Open Incident". When you open an Incident, the corresponding details and logs will be visible.



Incident Details

Within the individual incident you will see the Incident Details on the left and the Incident Log on the right. The Incident Details includes the student's name, email, group or school. A link to the student's digital locker or email is available to district administrators.

Incident details also include the Content Source, Threat Type, and the file that was flagged by the Gaggle Safety Team. The link can be used to view the Original File. (Note: In the instance of nudity, the original file will not be accessible.)

Below the Original File link is the User ID, Incident ID, Gaggle Safety Rep as well as the Status, Incident Note, and indication of who the Incident has been Assigned To (if it has been Assigned).



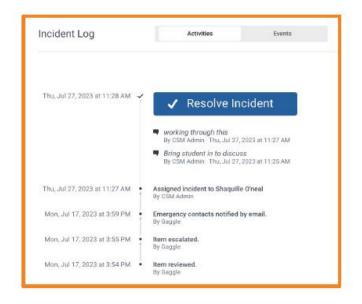


Incident Log

The Incident Log will display the Incident status and contains a link to Resolve the Incident. You may view Events to view the full log of events related to the incident. The Audit Log, available to district administrators, contains a log of all events and views related to an incident.

Response details may be added to the Incident Log here. Response details will be included in the Incident Audit Log as well as the Incident Export file.

Events and the Incident Log display the date and time when the Incident was reviewed and escalated by the Gaggle Safety Team. If the Incident is a PSS, it will also include the date and time of when the Incident notification was sent to Emergency Contacts.



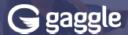
Resolving an Incident

Select the blue "Resolve Incident" button and describe the resolution. While resolving an Incident, a text box will open. All details relevant to this incident should be recorded in the box. Details added to the Final Resolution text field will be included in the incident Audit Log. The option of indicating whether a Threat Assessment or Suicide Assessment has been completed will also appear, and should be noted, when applicable.



Reopening an Incident

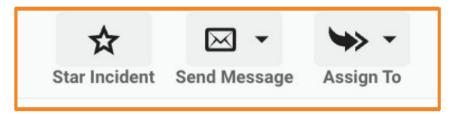
Occasionally resolved incidents need to be reopened to add additional detail. To reopen an incident, click on the resolved incident and select "reopen". Then, there will be an option to add a reason for reopening where more information can be shared. Once reopened, the status of an incident will change from Resolved to In Progress.



Star an Incident

You are able to Star an incident to keep track of it and follow its progress.

To Star an incident, open an incident by double-clicking it or using the ellipses on the left and select "Star Incident" to add the incident to your starred list.



Send Message

Choose "Send Message" to send a message to other Emergency Contacts about an incident. You are able to select the contacts you wish to send the message to, and choose from a pre-populated message or select "other" and compose your own message. Messages sent will be stored in the Incident Log.

Assigning Incidents

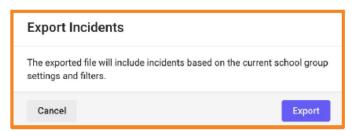
Incidents can be assigned as part of the Incident Workflow on the Incident tab. To Assign an Incident, select the ellipses on the left on the Incident and choose "Assign Incident to Contact". From the list you are able to select a contact to be responsible for managing this incident.

Incidents may be assigned to an Emergency Contact from within the individual Incident view by selecting "Assign To" on top right.

Incidents Export

To Export Incidents, choose "Export" in the top right of the Incidents page. The exported file will include incidents based on the current school group settings and filters. It will export as a CSV file.





The Gaggle Support Team is standing by to help with any questions! support@gaggle.net

CRISIS RESOURCES (revised August 2023)

- ACCESS Outpatient Services @ St. Joseph's Hospital (for Deaf and Hard of Hearing), Voice 973-754-5595, or Videophone 973-870-0683 https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1328-access
- American Foundation for Suicide Prevention (AFSP), 1-888-333-2377 (National Offices), 1-202-449-3600 (Public Policy Offices), http://www.afsp.org
- American Association of Suicidology, 1-202-237-2280 http://www.suicidology.org
- American Psychological Association 1-800-374-2721 http://www.apa.org
- Association for Pet Loss and Bereavement, Email: info@aplb.org, http://www.aplb.org
- Child Trauma Academy, Phone: 1-866-943-9779, http://www.childtrauma.org
- Circle of Care (Passaic County CMO), 973-942-4588, https://www.circleofcarecmo.org/
- Comfort Zone Camp, www.comfortzonecamp.org
- Division of Child Protection & Permanency (**DCP&P**) Report Abuse: 1-877-NJ ABUSE, Local Offices in Paterson, NJ are 1) *Passaic Central* at 100 Hamilton Plaza, 973-523-6090, and 2) *Passaic North* at 201 Willowbrook Blvd, 973-826-1082
- Dougy Center for Grieving Children, 1-866-775-5683, http://www.dougy.org/
- Good Grief, Inc., Phone: 908-522-1999, http://www.good-grief.org
- Half of Us (mental health diagnoses information), http://www.halfofus.com
- Imagine A Center for Coping with Loss, Phone: 908-264-3100, http://www.imaginenj.org
- Lighthouse Pregnancy Resource Center 75 Ellison Street Phone: 862-257-3820, Text: 201-677-2394, Email: help@lighthouseprc.org, http://lighthouseprc.org/
- Mental Health Association in New Jersey 973-571-4100, http://www.mhanj.org
- Mental Health Association in Passaic County. Phone: 973-478-4444 <u>www.mhapassaic.org</u>
- Mental Health Clinic of Passaic: Ida Gurtman Therapeutic Children's Program (2 ½ to 6 years old), 2 locations: Passaic (973-777-1403) and Paterson/Clifton (973-473-2775 x108), https://mhcp.org/childrens-therapeutic-partial-care-day-program
- Mom 2 Mom helpline (for moms of children and adults with developmental disabilities, part of Rutgers UBHC), 1-877-914-6662, http://mom2mom.us.com/
- M & S Psychotherapy and Counseling LLC, 1157 Main Street, Clifton, NJ, Phone: 973-341-9869, https://mnspsych.com/

- National Alliance for Grieving Children, Phone: 1-866-432-1542, http://www.childrengrieve.org
- National Alliance on Mental Illness NJ (NAMI-NJ), Phone: 732-940-0991, Email: info@naminj.org, http://www.naminj.org/
- National Center for Post-Traumatic Stress Disorder -Veterans Crisis Line, 1-800-273-8255, http://www.ptsd.va.gov, ncptsd@va.gov
- National Center For School Crisis & Bereavement, Children's Hospital Los Angeles #53, 4650 Sunset Blvd, Los Angeles, CA 90027, 877-536-2722, info@schoolcrisiscenter.org, http://www.schoolcrisiscenter.org/
- National Child Traumatic Stress Network (NCTSN), email: info@nctsn.org, http://www.nctsnet.org
- National Domestic Violence Hotline, 1-800-799-7233 or 1-800-787-3224 (TTY), www.thehotline.org
- National Institute of Mental Health (NIMH) Free downloadable/printable mental health brochures, http://www.nimh.nih.gov/health/publications/index.shtml
- National Human Trafficking Resource Center, Phone: 1-888-373-7888, www.traffickingresourcecenter.org/
- National Runaway Safeline, 1-800-RUNAWAY (1-800-786-2929), http://www.1800runaway.org
- National Sexual Assault Hotline, 1-800-656-4673, https://www.rainn.org/get-help/national-sexual-assault-hotline
- National Suicide Prevention Lifeline 1-800-273-TALK (8255), www.suicidepreventionlifeline.org
- National Teen Dating Abuse Helpline, Phone: 1-866-331-9474, http://www.loveisrespect.org/
- NJ Children's System of Care (**PerformCare**), 1-877-652-7624, http://www.performcarenj.org
- NJ Division of Mental Health and Addiction Services (NJDMHAS), 800-382-6717, http://www.nj.gov/humanservices/dmhas/home/
- NJ HOPELINE, 1-855-654-6735, http://www.njhopeline.com/
- NJ Mental Health Cares helpline, 1-866-202-4357, http://www.njmentalhealthcares.org
- NJ Youth Resource Spot, http://njyrs.org/
- Passaic County Children's Mobile Crisis Unit 973-754-2230
- Passaic County Women's Center, 973-881-1450 (24/7), http://passaiccountywomenscenter.org/
- Prevention Links, Phone: 1-732-381-4100, Email: info@preventionlinks.org, www.preventionlinks.org
- Rainbows: Support for Grieving Children (death, divorce, deployment, etc), Main: 1-847-952-1770, http://www.rainbows.org

- Raymond J. Lesniak RECOVERY HIGH SCHOOL (through PreventionLinks), 732-381-4100, https://preventionlinks.org/recoveryhs/
- S.A.F.E. Alternatives Self Abuse Finally Ends, Phone: 1-800-DONTCUT (1-800-366-8288), http://www.selfinjury.com/
- 2nd FLOOR, NJ Youth Helpline, 1-888-222-2228 (24/7, text or call), http://www.2ndfloor.org/
- <u>Sesame Workshop</u> Children's Grief, 212-595-3456 Email via weblink:
 <u>https://www.sesameworkshop.org/contact-us, https://www.sesameworkshop.org/what-wedo/social-impact-initiatives</u>
- Self-Injury and Recovery Program at Cornell University, Phone: 1-607-255-6179, Email: self-injury@cornell.edu, http://www.selfinjury.bctr.cornell.edu
- Society for the Prevention of Teen Suicide, Contact via phone(732-410-7900) or online form at http://www.sptsusa.org/contact-us/, http://www.sptsusa.org
- St. Joseph's Psychiatric Emergency Services 703 Main St., Paterson, NJ 973-754-2230
- St. Joseph's Regional Medical Center Outpatient Mental Health Clinic Services, https://www.stjosephshealth.org/clinical-focuses/behavioral-health-services/item/1332-outpatient-mental-health-clinic
- St. Mary's Hospital Adolescent Partial Care Program, 973-470-3176, https://www.smh-nj.com/our-services/behavioral-health/
- Suicide Prevention Lifeline, 800-273-8255 (TALK), https://suicidepreventionlifeline.org/
- Suicide Prevention Resource Center (SPRC), http://www.sprc.org
- The Compassionate Friends (child grief), 1-877-969-0010, http://www.compassionatefriends.org
- The Jason Foundation (Youth Suicide Prevention), Phone: 1-888-881-2323, Email: contact@jasonfoundation.com, http://jasonfoundation.com
- Trevor Project (Suicide & Crisis Intervention LGBTQIA+). 1-866-488-7386,
 http://www.thetrevorproject.org
- Training Institute for Suicide Assessment and Clinical Interviewing, shea@suicideassessment.com, http://www.suicideassessment.com
- Traumatic Loss Coalitions for Youth, 732-235 2810, https://ubhc.rutgers.edu/education/trauma-loss-coalition/overview.xml
- UCLA Center for Mental Health in Schools, http://smhp.psych.ucla.edu
- Wayne Counseling and Family Services Center, 973-694-1234, http://waynecounselingcenter.org
- YouthBuild @ Great Falls (GED and Certifications), 973-910-8792 ext. 19, https://www.njcdc.org/what-we-do/page.php?Youth-Development-Great-Falls-YouthBuild-6

Grief Programs in New Jersey

Retrieved from https://nacg.org/find-support/
(Updated August 2023)

The Alcove Center for Grieving Children & Families

950 Tilton Road, Suite 108 Northfield, NJ 08225 (609) 484-1133

http://www.thealcove.org

Comfort Zone Camp

110B Meadowlands Parkway, Suite 301 Secaucus, NJ 07094 (201) 867-2077 http://www.comfortzonecamp.org

Common Ground Grief Center

67 Taylor Avenue Manasquan, NJ 08736 Phone: 732-606-7477

http://www.commongroundgriefcenter.org

Good Grief, Inc.

38 Elm Street Morristown, NJ 07960 (908) 522-1999 http://www.good-grief.org

Imagine, A Center for Coping with Loss

24208 Lyons Avenue Newark, NJ 07112 (908) 264-3100 x 108 (program director) http://www.imaginenj.org/newark/

Lisa Athan, M.A.

Executive Director of Grief Speaks 15 Cayuga Court Springfield, NJ 07081 (973) 912-0177 http://www.griefspeaks.com

American & NJ Self-Help Group Clearinghouses

673 Morris Avenue, Suite 100 Springfield, NJ 07081 (800) 367-6274 (973) 571-4100 http://www.njgroups.org

Griefwork Center, Inc.

PO Box 5177 Kendall Park, NJ 08824 (732) 422-0400 http://griefworkcenter.com

Kids Connect/Parents Connect Bereavement Groups

The Wellness Community of Central New Jersey

3 Crossroads Drive Bedminster, NJ 07921 (908) 658-5400

http://www.cancersupportcnj.org

Sudden Unexplained Death in Childhood Program

101 Eisenhower Parkway Suite 100 Roseland, NJ 07068 (800) 620-7832 www.sudc.org

My Sister's Kids

Peer support for Children, Teens & Families 1800 E. Broad St. Malaga, NJ 08328 (609) 364-8320 www.mysisterskids.org

Mental Health Phone Applications

As the prevalence of mental illnesses like depression and anxiety continues to grow, clinicians have turned to mobile applications as tools for aiding their patients' treatment. These apps can be especially helpful for teenagers and young adults suffering from mental illness due to their frequent use of technology as a means of communication.

The apps can be helpful as a way to engage people who may be unwilling or unable to attend face-to-face therapy, and they can also provide support in between sessions. Experts believe that these apps will work best when used in conjunction with medication and/or inperson therapy. Read through the slideshow to learn more about some of the best apps that can be used by patients to improve their mental health.

Three apps below are available on Apple iOS systems and Android. Please be sure to check your app store and search terms like "mental health" or "suicide prevention" to browse.



<u>notOK</u>

When you can't think of the right words, the notOK App™ takes the guesswork out of getting the help and support you need through immediate support from your friends, family, or peer network.

Simply open the app, tap the notOK™ button and a text message along with your current GPS location will be sent to your pre-selected contacts. (ages 13+)



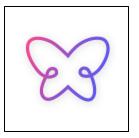
TalkLife

Sometimes life is rough but you're not alone. TalkLife™ is a peer-support community that values research, evidence and impact to make sure you get the best help possible. It is a safe social network where you can talk about your worries and how you are really feeling at any time of the day or night, for issues like: self-harm, depression, anxiety, stress, eating disorders, bullying or suicidal feelings. There are no judgements or bullying; there's just people who understand what you're going through. (ages 17+)



Calm

The app is designed to reduce anxiety, improve sleep, and help you to feel happier. Calm focuses on the four key areas of meditation, breathing, sleep, and relaxation, with the aim of bringing joy, clarity, and peace to your daily life. The app delivers meditations that can help you to destress, as well as breathing programs, music, and sounds from nature to relax your mind and body and promote better sleep. Calm is the perfect app if you are new to meditation, but it also offers programs for more advanced users. Meditation sessions are available in lengths of 3–25 minutes, to fit in with your schedule. (ages 3+)



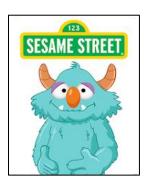
Trill Project

Trill is a safe space to express all the thoughts, hopes, insecurities, wishes, questions, or ideas you have that you may not be ready to publicly share. Usernames are assigned based on your color of choice, so Trill is completely anonymous. You can easily change your color choice as needed to generate a new identity. Our moderators and proprietary machine learning work hand in hand to ensure our community remains a positive, supportive place. (ages 17+)



MindShift®

MindShift® is anxiety getting in the way of your life? MindShift® CBT uses scientifically proven strategies based on Cognitive Behavioral Therapy (CBT) to help you learn to relax and be mindful, develop more effective ways of thinking, and use active steps to take charge of your anxiety. A new feature, the Community forum, now enables you to find and offer peer-to-peer support. (ages 13+)



Breath, Think, Do with Sesame

Laugh and learn as you help a Sesame Street monster friend calm down and solve everyday challenges. This bilingual (English and Spanish), research-based app helps your child learn Sesame's "Breathe, Think, Do" strategy for problem-solving. Tap and touch to help the monster friend take deep breaths, think of plans, and try them out! Your child will enjoy silly animations and playful interactions as she is exposed to important emotional vocabulary, a calm breathing technique, personalized encouragement, and more! (ages 2-5)



Chill Panda

Play your way to a calmer day. Family friendly relaxation, breathing exercise and activity app. Baby Pandas grow up fast! Chill Panda is excited to go out into the world but feels worried about exploring alone! Chill Panda heads to the beautiful island of Chill Ville near the sea where it's said that a very calm and wise panda lives. Help Chill Panda manage fear and worry. So that nothing can stop Panda from having fun! (ideal for children under 8)

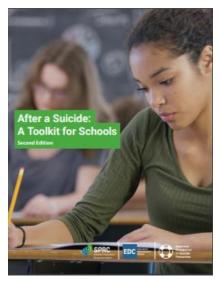


Positive Penguins

Positive Penguins app is a resilience-building app. The app has a simple 5-minute guided meditation for children to learn to sit, relax and let go of the thoughts as they come into their heads. There is also a strategy for children to understand that an event or situation happened that created an emotion in them - this emotion is not right or wrong, rather information – once they understand this. The app is designed to help children understand why they feel a certain feeling and behave in a productive way. (ages 9-12)

PLEASE USE THE TWO RESOURCES BELOW WHEN ACCESSING INFORMATION ON SUICIDE

1). After a Suicide: A Toolkit for Schools addresses Objective 4.2 of the National Strategy for Suicide Prevention: Increase the proportion of school districts and private school associations with evidence-based programs designed to address serious childhood and adolescent distress and prevent suicide.

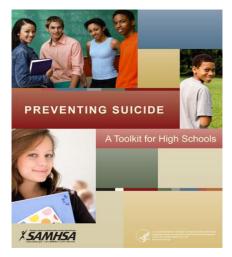


After a Suicide: A Toolkit for Schools Second Edition

This toolkit is designed to assist schools in the aftermath of a suicide (or other death) in the school community. It is meant to serve as a practical resource for schools facing real-time crises to help them determine what to do, when, and how. The toolkit reflects consensus recommendations developed in consultation with a diverse group of national experts, including school-based personnel, clinicians, researchers, and crisis response professionals. It incorporates relevant existing material and research findings as well as references, templates, and links to additional information and assistance.

PDF Version or Flipbook Version

2). Preventing Suicide: A Toolkit for High Schools aims at reducing the risk of suicide among high school students by providing school administrators, principals, mental health professionals, health educators, guidance counselors, nurses, student services coordinators, teachers and others guidelines for identifying teenagers at risk and resources for taking appropriate actions to provide help.



Preventing Suicide: A Toolkit for High Schools

This toolkit represents the best available evidence and expert opinion on preventing suicide among high school students. It provides schools with recommended steps and accompanying tools to guide them in creating and implementing strategies and programs that prevent teen suicide and promote behavioral health among their students.

PDF Version and **PDF Flyer**